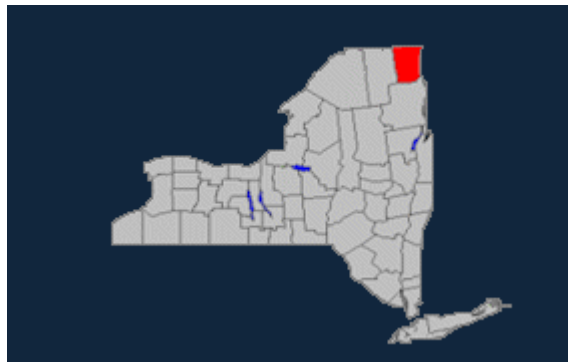


Children's Services Directory:

Clinton County



Last revised: February 2025

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To be added to the listserv for updated service information, please email: brianna.reeves@clintoncountyny.gov

ACCES-VR: ACCES-VR assists individuals with disabilities to achieve and maintain employment and to support independent living through training, education, rehabilitation, and career development.

Services:

Student and Youth Transition Services: Transition from school to work requires a variety of supports and collaborative efforts among education and workforce programs. No one institution or organization can provide the full range of services that may be required to serve youth with disabilities. However, collaboration and coordinated efforts among education and workforce programs, including vocational rehabilitation, is essential in assisting students with disabilities to make the transition from school to work. By working closely with school districts, the P-12 Office of Special Education and community providers, ACCES-VR helps to ensure that all youth with disabilities are prepared for employment, post-secondary education and community living when they leave school. ACCES-VR can provide a range of services to help eligible individuals reach an employment goal.

Process:

1. Student makes an informed choice to apply for ACCES -VR
2. Student completes application
3. VR Counselor determines eligibility
4. VR Counselor and student choose an appropriate employment goal
5. VR Counselor and student develop an Individualized Plan for Employment (IPE)
6. Student acquires skills and supports
7. Student gets and keeps a job
8. VR Counselor closes case as a SUCCESS!

Eligibility: The student has a disability that creates a barrier to employment; vocational rehabilitation services are required to achieve employment
Referral: Send application with disability documentation (High school IEP, eval, etc.)
Waitlist: N/A

Address: 209 West Main Street, Suite 3, Malone NY 12953

Phone: 518-483-3530

Website: <https://www.acces.nysed.gov/vr/student-and-youth-transition-services>

Brochure: <https://www.acces.nysed.gov/sites/acces/files/vr/guidetotransitionservices.pdf>

Adirondack Birth to Three Alliance: The Adirondack Birth to Three Alliance was established in 2014 by the Adirondack Foundation with a clear vision: To fulfill every child's promise to become a healthy, thriving, contributing member of their communities. The Adirondack Birth to Three Alliance has connected a network of public and private sources that provide early care, physical health, social-emotional development, family support, and education making it easier for providers and parents to find needed resources. We provide a needed forum for organizations and individuals committed to this work to share best practices, identify funding opportunities, and discuss common challenges. At the same time, our relationships across the region help us identify gaps, bridge services, and leverage community resources.

Services:

- Building awareness of the five building blocks of successful development: universal nurse home visiting; family resource centers; comprehensive home visiting services for vulnerable families; high-quality early childhood education; and high-quality, comprehensive health care.
- Advocating for policies and programs that enhance the education, care, and nutrition children receive by working directly with elected officials and decision makers.
- Offering information, training, and professional development opportunities to early childhood educators and providers.

Address: PO Box 288 / 304 Bear Cub Lane, Lake Placid, NY 12946

Phone: 518-523-9904

Email: info@adkfoundation.org

Website: <https://www.adirondackbt3.org/>

Alliance for Positive Health: The mission of the Alliance for Positive Health is to reduce the impact and incidence of HIV/AIDS and other serious medical and social conditions. The Alliance Community is safe, supportive, and committed to fostering a collaborative working atmosphere and offering recognition and gratitude to our diverse workforce.

Services:

- Free, confidential, judgement free HIV, STI, and hepatitis C testing
- Coordination and access to care support
- Help that goes beyond medical needs: Support
- HIV Prevention
- Substance use and addiction harm reduction support
- Resources to answer any questions

Address: 202 Cornelia Street, Plattsburgh, NY 12901

Phone: 518-563-2437

Email: [Contact Us - Alliance for Positive Health](#)

Website: [Home - Alliance for Positive Health](#)

Advocacy and Resource Center (ARC):

Autism Alliance of Northeastern NY: The mission of Autism Alliance of Northeastern NY (AANENY) is to enhance the lives of individuals with autism and their families. We serve Clinton, Essex, and Franklin counties. AANENY is primarily supported through local businesses and individual contributions during our annual fundraiser, the Autism Alliance Walk, typically held at Clinton County Fairgrounds located in Plattsburgh, NY.

Services:

- Connect people with autism and their families to local resources
- Offer educational workshops and conferences on autism and related topics
- Host community events to promote inclusion and socialization
- Provide small grants to local individuals and organizations
- Partner with local organizations to increase impact

Address: PO Box 1884, Plattsburgh, NY 12901

Phone: 518-354-7000

Email: laura.c@aaneny.org

Website: <https://www.aaneny.org/>

Behavioral Health Services North: Behavioral Health Services North, Inc., a progressive not-for-profit organization founded in 1874, is committed to strengthening individuals, families, and community life by delivering a behavioral health care and human service system that provides an integrated continuum of essential, responsive, and cost-effective services. *Crisis Line: 1-866-577-3836*

Services:

Adventure Based Counseling: Adventure Based Counseling (ABC) is a group-oriented program that helps participants learn to increase self-awareness, accept responsibility for their choices, and connect with others. These outcomes offer a unique opportunity to help adolescents achieve positive therapeutic outcomes.

Eligibility: Child living with "SED"
Referral: Done by guidance department
Waitlist: School groups of 15-18 slots filled and selected by school

Address: 22 US Oval, Plattsburgh, NY 12903

Phone: 518-563-8000 Ext. 2084

Email: sfriedman@bhsn.org

Website: <https://bhsn.org/youth-services/adventure-based-counseling/>

Center for Wellbeing: Our Center for Well-Being is a brand new outpatient clinic specializing in mental health, substance use, and co-occurring interventions, professional diagnostic evaluations, and therapeutic treatment for children, adolescents, adults, and families. At Behavioral Health Services North, Inc., we take a strengths-based, patient-centered approach, endeavoring to create customized treatment plans with specific goals and objectives to meet client's unique and individualized needs, ranging from confidential, one-on-one sessions to case management and peer mentorship. Provides personalized care and treatment plans for individuals.

Eligibility: Anyone seeking therapy
Referral: Primary Care Provider or school referral can be done; however, a referral is not required
Waitlist: Typically a one month wait for intake appointment

Address: 2155 NY-22B, Morrisonville, NY 12962

Phone: 518-563-8000

Fax: 518-563-2104

Email: customerexperience@bhsn.org

Website: <https://bhsn.org/mental-health/clinical-services/>

Children's Care Management: BHSN's Care Management Program consists of Health Home Care Management for Medicaid clients, as well as Non-Medicaid Care Coordination services. We work with youth between the ages of 5 and 21, who have a qualifying mental health diagnosis or other chronic condition that affects their daily functioning. Youth that are referred to our program typically struggle with things such as aggression, depression, anxiety, conduct issues, self-harming, etc. Families that access services are often experiencing stress and crisis within the home, school or community setting. The length of stay within the program is intended to be around 12 months.

The goal of the program is to meet the needs of the youth by developing a team of supports around the family. The team comes together to help the family reach their identified goal.

Eligibility: Client needs to have Medicaid coverage, an SED diagnosis with functional limitations and meet at least one risk factor/appropriateness criteria; Able to provide "non-Medicaid care management" to 2 clients, due to BHSN being a former Target Case Management (TCM) provider under OMH
Referral: The referral process entails submitting the referral form, along with a completed SED verification form and supporting documentation for the SED diagnosis, if available. If the referral source is unable to provide the SED verification &/or supporting documentation, it's very helpful if they can provide an ROI for a service provider who is able to supply that documentation to care management
Waitlist: N/A

Address: 2155 NY-22B, Morrisonville, NY 12962

Phone: 518-563-8000

Email: ccmreferrals@bhsn.org

Website: <https://bhsn.org/care-management-services/>

Children and Family Treatment and Support Services (CFTSS): CFTSS gives children/youth (under age 21) and their families the power to improve their health, well-being and quality of life. These services strengthen families and help them make informed decisions about their care.

Eligibility: Symptoms/ diagnosis of MH/SUD that interferes with or limits functioning in at least one applicable domain (self-direction/control, self-care, family life, social relationships, symptom management)
Referral: Fill out referral form and submit to email address above
Waitlist: Added depending on risk level; BHSN checks Medicaid/ CHP status; calls to set up intake

Address: 22 US Oval, Suite 122, Plattsburgh, NY 12903

Phone: 518-563-8000

Email: cftss@bhsn.org

Website: <https://bhsn.org/youth-services/cftss/>

Healthy Families North Country: Healthy Families North Country serves Clinton, Essex, Franklin, Warren, and Hamilton counties. Our home visiting program matches parents with knowledgeable and caring workers who provide information and support during pregnancy and early childhood. Services include helping families access community resources and services, sharing strategies and research based on education with families on parenting and child development, connecting families with medical providers, and assessing children at all stages of development.

Eligibility: Expectant mothers and/or fathers, or newborn babies under 3 months
Referral: Fill out form here: HFNY Referral 2020.2021 v.4 (bhsn.org) and follow instructions
Waitlist: N/A

Address: 22 US Oval, Plattsburgh, NY 12903

Phone: 518-563-8000 Ext. 2184

Fax: 518-324-4497

Email: hfnystaff@bhsn.org

Website: <https://bhsn.org/youth-services/home-visitation/>

High Fidelity Wraparound: Wraparound is an evidence-informed team-based planning process intended to provide coordinated, comprehensive, holistic, youth and family-driven care to meet the needs of children, youth, and families who have multiple systems involvement and who experience serious mental or behavioral health challenges. Wraparound uses a team approach and follows a series of steps to help youth and their families meet their needs. It brings together the family, their natural supports and community-based service providers to create and implement a plan that supports the youth and family to achieve their vision for the future. This process focuses on strengths and supports more youth to grow up and thrive in their homes and communities.

Eligibility: Serves youth ages 6 to 21 who: live in Clinton County; have a diagnosed Serious Emotional Disturbance; are involved in behavioral health services and/or multiple child-serving systems; and have emerging or imminent risk of disruption of living situation, childcare, or school placement due to behavioral needs. The youth and family must be willing to participate in the intensive process throughout its four phases
Referral: C-SPOA referral process
Waitlist: Only a few slots available at a time

Address: 2155 NY-22B, Morrisonville, NY 12962

Phone: 518-563-8000

Email: smunson@bhsn.org

Website: <https://bhsn.org/youth-services/>

School Based Mental Health Services: Our School-Based Mental Health Services program is an example of our efforts to expand services to non-traditional settings that make them more accessible to the people who need them the most. This innovative program allows our clinicians to provide mental health treatment to students in the safety of their own school. Schools included: NCCS, NAC, Plattsburgh, Seton Catholic, Peru, Saranac Central, Chazy Central, Ausable Valley, Beekmantown, SUNY, and Clinton Community.

Eligibility: Student in school setting
Referral: The school makes the referral
Waitlist: N/A

Address: 2155 NY-22B, Morrisonville, NY 12962

Phone: 518-563-8000

Email: SchoolBased@bhsn.org

Website: [School Based Services | Behavioral Health Services North \(bhsn.org\)](#)

STOP Domestic and Sexual Violence: STOP Domestic & Sexual Violence is a NYS certified program assisting victims of domestic & sexual violence, educating the community, and building community collaborations to create safer communities, 24 hours a day. Provides services and advocacy to individuals who identify as a survivor of intimate partner violence and/or sexual assault.

Eligibility: Anyone who identifies as a survivor of crime
Referral: Send an email to stopdv@bhsn.org to receive referral form and submit; referral not required
Waitlist: N/A

Address: 22 US Oval, Plattsburgh, NY 12903

Phone: 518-563-6904

Email: stopdv@bhsn.org

Website: [STOP Domestic & Sexual Violence Appointment Request | Behavioral Health Services North \(bhsn.org\)](#)

Respite: Short-term, temporary care to families in Clinton, Essex and Franklin Counties, NY who do not currently have resources or natural supports to assist in caring for a child with a mental health diagnosis. Unlike typical childcare, respite care is utilized to increase the wellness of the family and prevent unwanted crises by enabling caregivers to take a break. Families who meet eligibility requirements may receive respite for a period of 3 months. Caregiver participation in support and networking meetings is a requirement in order to receive additional respite. Respite services typically do not exceed 6 months in duration.

Eligibility: Families who are raising a child or young adult (ages 3-21) with a mental health diagnosis who are struggling to access natural childcare supports for their child with special needs
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Referral: Must be done by a mental health service provider or other professional
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Waitlist: Because no eligible family is turned away, a wait list is maintained. The wait time to be matched with a provider varies and priority is given to families with the greatest documented need. BHSN will communicate regularly with families waiting to receive respite and children on our wait list.

Address: 22 US Oval, Plattsburgh, NY 12903

Phone: 518-561-8815

Website: [Respite Services](#) | [Behavioral Health Services North \(bhsn.org\)](#)

Therapeutic Foster Care: Individualized, intensive foster care services. The Family Corner has been providing foster care services in our community since 1987. We work with children from our community placed with us through our local Departments of Social Services. We provide training, 24-hour support and guidance to our Foster Parents. Our kiddos need safe and loving homes and caregivers with patience, open hearts and a good sense of humor

Eligibility: Birth to 21 years of age; must be in the custody of the Commissioner of Social Services prior to entering the program
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Referral: DSS directly provides a referral to this program
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Waitlist: N/A

Address: 22 US Oval, Plattsburgh, NY 12903

Phone: 518-563-8000

Email: TFC@bhsn.org

Website: [Therapeutic Foster Care](#) | [Behavioral Health Services North \(bhsn.org\)](#)

Berkshire Farm Center (Together for Youth): Embracing a trauma-informed model of care, Berkshire collaborates with youth and families to help them overcome past traumas, enabling them to live safely and regain control of their lives. Across New York State, Together for Youth offers trauma-informed care exactly where it is needed most: in the homes and communities of these youth and families. When in-home support is not feasible, Together for Youth provides a safe haven through over 550 certified foster homes, community group homes, and both non-secure and secure detention centers.

Services:

Stepping Stones: Our mission is to strengthen children and families so they can live safely, independently and with productivity within their home communities. Stepping Stones is an alternative to detention program which offers intensive crisis intervention. The program's goal is to reduce the county's need to place youth into detention facilities.

Eligibility: In order for a youth and family to engage in the Stepping Stones program, they must have Preventive services through Clinton County DSS
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Referral/ Waitlist: DSS caseworkers refer the youth to the Stepping Stones program, and once a spot becomes available in the program, the priority case is offered a spot. The youth are typically engaged in the program for 12 months

Address: 4766 Crete Blvd, Plattsburgh, NY 12901

Phone: 518-561-2391

Email: tlacey@berkshirefarm.org

Website: [Together For Youth](#) | [Our Programs](#) | [Community Based Programs and Support](#)

Foster Care Program: At the heart of this program are foster parents, playing a crucial role in providing a stable and loving environment for children while their birth families work toward reunification. We find caring individuals interested in fostering and provide free certification, training and supports to enable these individuals to foster within our program. Once a youth is placed in one of our foster homes, we provide wrap around services: in home clinical program, behavioral specialist, caseworkers, nurses, care managers, etc. We also facilitate the reunification of the families by facilitating family time in a safe environment with the biological families while the youth is living at the foster homes.

Eligibility: Must be placed in foster care through Family Court and DSS

Referral: Referrals for placing youth in our foster homes go through the County DSS

Waitlist: Services are available at all times based on ability to place a youth with an able and willing foster home
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Address: 13 Lawrence Way PO Box 235 Elizabethtown, NY 12932

Phone: 518-822-7031

Website: [Together For Youth](#) | [Our Programs](#) | [Out of Home Programs](#)

Birthright of Plattsburgh: Offers love, friendship, and support to women who are pregnant or think that they may be pregnant. Birthright is interdenominational and is not involved in any political activities. Birthright's focus is on loving the mother.

Services:

- Information about: pregnancy, childbirth, adoption, prenatal care, community programs, parenting skills, and childcare
- Referrals for: Medical support; financial resources; housing, legal; social assistance; professional counseling
- Free Resources: Pregnancy tests; Maternity and baby items; Helpline: 1-800-550-4900

Address: 50 Clinton Street, Plattsburgh, NY 12901

Phone: 518-563-4300

Email: contact@birthright.org

Website: <https://birthright.org/plattsburgh>

Catholic Charities: Catholic Charities, Diocese of Ogdensburg was established in Northern New York by the Diocese of Ogdensburg in 1917. Rooted in our faith traditions of charity and justice, Catholic Charities supports families, aging adults and adults with disabilities, and youth through social services and opportunities for healthy growth and development.

Services:

- Community Outreach- Connections to community resources to meet individual needs, funds to help with crisis needs after other community sources are exhausted
- Financial Assistance- Connections to community resources to meet individual needs, funds to help with crisis needs after other community sources are exhausted
- Parent Education- Classes provide education to individuals who are pregnant, or parenting children who are 5 years of age and younger
- Foster Grandparent Program- Are you 55 years of age or older? Do you like working with children? If you answered yes to these questions, the Foster Grandparent Program may be just for you!
- Retired & Senior Volunteers- This program invites older adults to put their experience to work solving problems close to home

Address: 1349 Military Turnpike, Plattsburgh, NY 12901

Phone: 518-300-0272

Website: <https://cathcharities.org/services>

Champlain Valley Educational Services (CVES): Champlain Valley Educational Services (CVES), one of 37 BOCES in New York State, is committed to serving our region's many needs. Through the services it offers, CVES accomplishes its goals with the cooperation of its boards of education, school superintendents and other component school district personnel. CVES provides career preparation, special education, instructional services, administrative support and professional development for educators, and is a valuable source of assistance to its 16 component school districts as they strive to keep pace with technical advancements and in stride with economic and social uncertainties and change.

Services:

- **6:1:1 Autism Program** This is a 6:1:1 classroom (6 students, 1 teacher, and 1 teaching assistant) for students with a diagnosis of Autism Spectrum Disorder or similar presentation. These children have significant deficits in communication skills and may have significant deficits in adaptive behavior. These children also display challenging behaviors that interfere with learning. Our program uses research-based methodologies such as Applied Behavior Analysis (ABA), Visual Strategies, Picture Exchange Communication Systems (PECS), augmentative communications systems, functional behavioral assessment and Positive Behavior Supports to assist students in attending programs in the least restrictive environment.
- **6:1:1 Intensive (ITSP) Academic/ Behavior Skills Program** This is a 6:1:1 classroom (6 students, 1 teacher, and 1 aide) for students with mild to severe emotional disabilities. The child many have borderline to above average cognitive ability, a mental health diagnosis, and display intense challenging behaviors that interfere with learning. These students need special education instruction and mental health clinical services within the school setting. The program provides a broad range of services designed to strengthen individual and family functioning and to prevent children and adolescents from requiring a more restrictive residential environment.
- **8:1:1 Mild to Severe Life Skills Program** This is an 8:1:1 classroom (8 students, 1 teacher, and 1 teaching assistant) for students identified by their district Committee on Special Education as meeting the requirements for NYS Alternative Assessment. They may have multiple delays across domains impacting daily functioning, a significant cognitive disability, and significant deficits in communication/language and adaptive behavior.
- **8:1:1 Mild to Severe Academic/Behavior Skills Program** This is an 8:1:1 classroom (8 students, 1 teacher, and 1 teaching assistant) for students with mild to severe emotional disabilities. These children have borderline to above average cognitive ability. They may have a mental health diagnosis and display challenging behaviors that interfere with learning.

Specifics:

- Speech Therapy
- Counseling
- Physical Therapy
- Occupational Therapy
- Assistive Technology
- Student Aide/Teaching Assistant
- Teacher of the Deaf/Hard of Hearing
- One-on-One Nurse
- Crisis intervention services
- Partners in Transition (OPWDD/ACCES-VR)
- Special Facilities
- Curricula to support specialized programming

Eligibility: Students
Referral: Current school completes referral if/when they determine that they cannot adequately provide services to child
Waitlist: Depending on services requested and when referral was received

Address: 1585 Military Turnpike, Plattsburgh, NY 12901

Phone: 518-561-0100

Website: <https://www.cves.org/>

Champlain Valley Family Center (CVFC): Champlain Valley Family Center (CVFC) is a private, non-profit community-based organization. We are dedicated to providing behavioral health treatment, prevention, education and related support programs to promote the well-being and quality of life for the residents of Clinton County, NY.



Find Your Path to Recovery at Champlain Valley Family Center

Are you or a loved one struggling with opiate use disorder? At Champlain Valley Family Center, we believe in providing compassionate, person-centered care to support your journey to recovery.

Why Choose Us?

- **Medication for Opioid Use Disorder (MOUD):** Access effective medications to help manage opiate use disorder and support long-term recovery.
- **Harm Reduction Approach:** Our services prioritize your safety and well-being, offering practical strategies to reduce the negative consequences associated with substance use.
- **No Counseling Requirements:** We respect your autonomy. While counseling is available, it is not mandatory to receive MOUD services.

Our Commitment to You:

- **Respect and Dignity:** Your journey is unique, and we honor your choices and goals without judgment.
- **Supportive Environment:** Our dedicated team is here to provide the support and resources you need, every step of the way.
- **Confidential and Safe:** Your privacy is our priority. All services are delivered in a confidential and secure setting.

Take the first step towards a healthier future. Contact Champlain Valley Family Center today to learn more about how our MOUD services can help you reclaim your life. 518-561-8480

Services:

Care Management: A Health Home is a care management service that connects community and social supports with health care, and organization of medical and behavioral health care. It is a partnership of primary care providers, hospitals, behavioral health organizations and community-based organizations. Care Managers provide a single contact for healthcare and community service needs for a specific population (NYS Medicaid or Medicaid eligible recipients who meet certain criteria, such as having two chronic medical conditions) in order to improve care coordination. It is the hope that all of the caregivers involved with an individual communicate with each other with an eye toward a better focus on their mutual client's varied needs.

Eligibility: At least two chronic conditions (Mental Health, SED, Substance Use, Asthma, Diabetes, Heart Disease, BMI at or above 85th percentile, HIV/AIDS, Complex Trauma)
Referral: Fill out AHI referral form and submit to HealthHome@ahihealth.org
Waitlist: N/A

Contact: Charles Wilcox

Address: 20 Ampersand Drive, Plattsburgh, NY 12901

Phone: 518-561-8480

Email: info@cvfamilycenter.org

Website: <https://www.cvfamilycenter.org/team-categories/care-management>

Jail Services Program: Champlain Valley Family Center is in partnership with the Clinton County Jail to provide substance use disorder assessments and treatment referrals. CVFC is also collaborating with the Clinton County Jail on a Vivitrol® Program. Their shared goal is to facilitate a transition to a substance abuse treatment program that includes the use of medication assisted treatment.

Eligibility: If someone is under the age of 18 and incarcerated, they can request to see someone from CVFC
Referral: Call and schedule a time for a visit
Waitlist: N/A

Contact: Tracy Turik

Address: 20 Ampersand Drive, Plattsburgh, NY 12901

Phone: 518-561-8480

Email: info@cvfamilycenter.org

Website: <https://www.cvfamilycenter.org/team-categories/jail-services>

Intensive Family Support Program (IFSP): The Intensive Family Support Program (IFSP) is a youth case management program. Our Youth Specialists advocate for, and work with, “at risk” adolescents and families in the community. The program goal is to prevent youths from being placed outside of the home. Youth Specialists facilitate positive experiences for the youth and their family, and engage in a variety of activities and community service projects.

Eligibility: Child “at risk” of placement
Referral: DSS submits a referral for this program through the PINS program
Waitlist: N/A

Contact: Dave Manney

Address: 20 Ampersand Drive, Plattsburgh, NY 12901

Phone: 518-561-8480

Email: info@cvfamilycenter.org

Website: <https://www.cvfamilycenter.org/team-categories/ifsp>

Prevention Services: Champlain Valley Family Center provides comprehensive substance use prevention services to Clinton County youth and families. Prevention staff from CVFC delivers Substance Abuse and Mental Health Services Administration (SAMHSA) approved evidenced based curriculums to students in grades 6-12 to schools in Clinton County. The curricula are designed to educate and build skills around the following key areas: self-esteem, bullying, alcohol and substances, stress management, making healthy decisions, coping with anger, assertiveness, resisting peer pressure and resolving conflicts. Prevention Counselors work closely with school personnel to assure the district’s needs are being met. Services include: Student Assistance Counseling; Community Environmental Strategies; Community Education; and Triple P.

Eligibility: Student at a school utilizing prevention services through CVFC
Referral: Anyone can refer a student for this service
Waitlist: N/A

Contact: Lisa Sears-Bowlen

Address: 20 Ampersand Drive, Plattsburgh, NY 12901

Phone: 518-561-8480

Email: info@cvfamilycenter.org

Website: [cvfamilycenter.org](https://www.cvfamilycenter.org)

Outpatient Clinic: Individuals seeking services at Champlain Valley Family Center (CVFC) can expect the highest level of professional care. Treatment for substance use disorders is personalized, respectful, confidential and is designed to implement the best practices in treatment. The staff at Champlain Valley Family Center is dedicated to accompanying, assisting and earning the trust of individuals who seek to take A Step Forward to Recovery. Continuous satisfaction, personal contact, and follow-up are hallmarks of substance use disorder treatment at Champlain Valley Family Center.

Eligibility: SUD and/or MH diagnosis determined during assessment
Referral: Walk ins available Mondays, Tuesdays, Thursdays and Fridays in the afternoons. You can also call to schedule appointments. Referrals accepted
Waitlist: There is no waitlist for substance use counseling. There is typically a waitlist for mental health counseling

Contact: Jacob Coulombe

Address: 20 Ampersand Drive, Plattsburgh, NY 12901

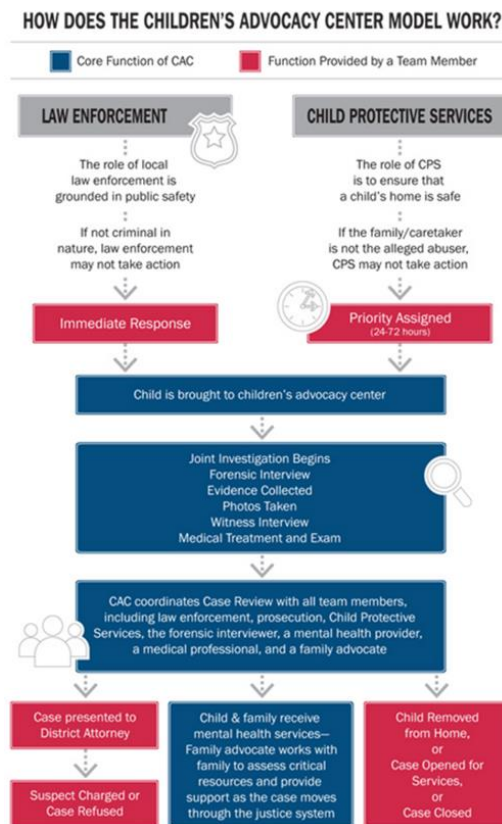
Phone: 518-561-8480

Website: <https://www.cvfamilycenter.org/team-categories/treatment>

Child Advocacy Center (CAC): Our Mission is to develop a collaborative partnership intended to minimize both the short and long-term trauma of child abuse through a supportive and child friendly environment for families affected by sexual assault and/or physical violence and to increase prosecution rates for crimes.

Services:

- Child Abuse Prevention Programs
- Victim/ Family Advocacy (SANE exams, interviews and observations, counseling)
- Multidisciplinary Team
- Community Events and School Involvement (Play it Safe Program)
- Resources (Books, pack and plays, etc.)



Eligibility: CPS and/or law enforcement must have a report submitted to then refer individuals
Referral: DSS and/or law enforcement can refer someone to the CAC
Waitlist: Services provided within 2 weeks maximum; typically quicker

Address: 130 Arizona Ave, Plattsburgh, NY 12903

Phone: 518-565-4484

Website: <https://www.clintoncountyny.gov/cac>

Child Care Coordinating Council: Children are our most important resource, and here at the Child Care Coordinating Council of the North Country, we believe that strong families create a strong community. Our part in this is to offer high quality, responsive and dynamic programs and services. CCCNC is a nonprofit agency working to support and strengthen families and childcare professionals throughout the North County area.

Services:

Family Connections Resource Center: Family Connections is a Family Resource Center in Plattsburgh, New York, serving the Clinton County area. The center is open to the public Monday-Friday, from 8:00am-1:00pm, with additional programming offered.

- Structured Parent-Child Playgroups Mondays from 10am-11:30am
- Drop-In Play Tuesdays from 10am-12:00pm
- Growing Together Infant Toddler Developmental Playgroup Wednesdays from 10am-12:00pm
- Wee People Gym Time at the Y on the Oval, 52 US Oval, Plattsburgh Two Fridays a month from 10am-12pm *when school is in session Oct-May
- Nature Strollers and Playground Fun at a variety of local trails and parks during warmer months (June-Sept), Fridays from 10am-12:00am
- North Country Parenting Support Group and accompanying children's program Tuesdays from 5pm-6:30pm (pizza served); Thursdays from 10am-11:30am
- Developmental Screenings 2nd Wednesday of the month from 10am-11:30am Spots are limited; please register ahead.
- Parenting Education Classes Nurturing Parenting, 10-week series offered in Fall, Winter, and Spring Tuesdays from 10am-12pm (childcare provided)
- Family Fun Activities One weekend day or evening each month. Activities designed for the whole family to enjoy together.
- Car Seat Safety Program By appointment
- Family Resource Information and Referrals
- ***Pre-registration is required for all events and activities. Please see our Welcome Packet for instructions on registering using Sign Up Genius or call (518) 566-3470 for assistance

Address: 194 US Oval, Plattsburgh, NY 12903

Phone: 518-566-3470

Website: <https://www.cccnc.org/family-connections-plattsburgh>

Family Forever! Permanency Resource Center (Kinship/ Adoptive):

Services:

- Advocacy: We can accompany you to Court, DSS, school meetings, and more
- Respite care: We provide fun, enriching activities for children to keep youth engaged and entertained, while you enjoy some free time
- Support groups: A confidential, nurturing, and positive experience with others who understand what you are going through. Connecting with others this way provides you with a rich support network
- Educational workshops
- Home visits: We come to you and help you in the comfort of your own home, encouraging and supporting your family's healthy development
- Youth programs: An opportunity for youth to engage in constructive, fun activities with other youth who have had similar experiences
- Family events: Welcoming the whole family to join in the fun and connect with our community of families
- Needs based assistance/information and referral services: We explore individual family needs and provide assistance on a case-by-case basis. Sometimes families have specific needs that can be served by additional programs in the community. We work with you individually to make connections with other community supports
- Kinship caregivers (Family member raising a relative's child) in Clinton County

Address: 194 US Oval, Plattsburgh, NY 12903

Phone: 518-566-3472

Website: <https://www.cccnc.org/permanency-resource-center-and-kinship-program>

Child Care Resource and Referrals: At CCCNC, we believe that raising, educating, and caring for children are vitally important jobs, and parents and caregivers deserve the best available information and resources to help their children flourish and grow. We welcome families in need of childcare to get in touch with us to secure referrals from our database of registered and licensed childcare providers. Our service is FREE, serving Clinton and Franklin counties, and all information is completely confidential. Parents and caregivers may also receive referral counseling and education on quality early care and learning experiences.

Services:

- Family childcare homes
- Group family childcare homes
- Childcare centers
- School-age childcare programs

Address: 194 US Oval, Plattsburgh, NY 12903

Phone Number: 518-566-3464

Website: <https://www.cccnc.org/child-care-referrals-for-parents-caregivers>

Neutral Ground Supervised Visitation Program: The mission of the Neutral Ground Supervised Visitation Program (SVP) is to provide supervised visitation for the noncustodial parent in an atmosphere promoting safe, positive, and productive interactions between children and parents. We work with both the custodial and noncustodial parties, believing that all families have strengths. Our primary focus is to ensure the safety of all children and their family members.

Services:

- Observe and record what occurs between the non-custodial parent and their child
- Encourage the non-custodial parent and their child to develop positive interactions
- Help empower parents to learn new and effective parenting/co-parenting skills

Eligibility: To schedule visits with SVP, you must have documentation from Family Court. The court order must specify that visits are only to take place at Family Connections at the Child Care Coordinating Council. All of our services are free for qualified parties

Referral: Both the custodial and noncustodial parents have to call our office to initiate the intake process
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Address: 194 US Oval, Plattsburgh, NY 12903

Phone: 518-566-3465

Website: <https://www.cccnc.org/neutral-ground-supervised-visitation-program-svp>

Supervised Exchange: Supervised Exchange is warranted when one of both the custodial and/or noncustodial parent is unable to transition the child calmly and safely from one to another. In supervised exchange a neutral third party is present to shepherd the transfer of the child/ren from the custodial parent to the noncustodial parent and vice versa. Supervised exchange can also serve as a step down from supervised visitation as a parent's transition to a less structured setting.

Eligibility: To utilize these services a Family Court Visitation order must state that the exchange is to take place at Family Connections
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Referral: Once the court order is in place both the custodial and noncustodial parent must contact the program via phone to complete the preliminary intake questionnaire

Waitlist: Once a time slot becomes available that is conducive for all parties involved than Intake interviews will be scheduled for the custodial and noncustodial parent separately. Exchange will be scheduled to start a week after the completion of the Intake interviews.* Supervised Exchanges at Family Connections can be scheduled on Mondays, Tuesdays, Thursdays and Fridays between the hours of 10-5, Wednesdays 10-7:30 and Saturdays twice a month from 9-4. A staggered arrival and departure will be adhered to, to ensure there is no contact between the custodial and noncustodial parent

Address: 194 US Oval, Plattsburgh, NY 12903

Phone: 518-566-3465

Website: <https://www.cccnc.org/neutral-ground-supervised-visitation-program-svp>

Developmental Screenings: As children develop, they reach milestones in how they learn, speak, act, move, and play. Screening for potential developmental delays allows for earlier treatment and access to supportive services. CCCNC hosts Developmental Screening services for newborns to children aged 5 years old. At these screenings you will receive free, valuable feedback on your child’s development by early childhood specialists. The screenings are confidential, respectful, and are absolutely open to all. These sessions are a useful way of learning about development and an opportunity to identify potential issues for your child, before going to the doctor. We encourage you to take what you discover at the Developmental Screening to your doctor as reference.

Eligibility: Children ages 0-5
Referral: Call the number above
Waitlist: Developmental Screenings are usually offered once a month (2nd Wednesday, from 10:00am-11:30am) and are held on a first come, first served basis. Spots are limited

Address: 194 US Oval, Plattsburgh, NY 12903

Phone: 518-561-4999

Website: <https://www.cccnc.org/developmental-screenings>

Parent-Child Playgroups: While each of our Family Resource Centers are often open to the public for free play, we also offer structured Parent-Child Playgroups at specific times. These playgroups, for families with children aged from birth to 5 years, are free of charge, with no need to register in advance. Each center is stocked with age-appropriate toys, and center staff plan new skill building activities for each structured playgroup. Playgroups offer children a welcoming, safe, nurturing and fun opportunity to build on social skills such as sharing, turn taking, participating in a small group, and being a friend! Participating in “Circle Time” provides children with a soft introduction to the group learning experience, and ample free play time gives them a chance to explore play with others, as well as engage in sensory activities and explore art materials. As children practice the important skills of waiting and sharing, they begin to learn to regulate their emotions towards those experiences. Parents and caregivers at playgroup also develop social connections through their own friendly and supportive interactions!

Eligibility: Families with children aged from birth to 5 years
Referral: N/A
Waitlist: N/A

Address: 194 US Oval, Plattsburgh, NY 12903

Phone: 518-561-4999

Website: <https://www.cccnc.org/parent-child-playgroups>

Parenting Education Classes: Our Family Resource Centers offer FREE parenting courses open to the public, using the Nurturing Parenting curriculum. The award-winning Nurturing Parenting programs are designed to empower individuals and families with new knowledge, beliefs, strategies and skills to make good and healthy lifestyle choices. These classes are fun, engaging, and informative, while encouraging networking and connection among the parent participants!

Address: 194 US Oval, Plattsburgh, NY 12903

Phone: 518-566-3468

Website: <https://www.cccnc.org/parenting-education-classes-the-incredible-years>

North Country Parenting Support Groups: Our North Country Parenting Support Groups are held weekly at each Family Resource Center and are open to the public with no fee ever charged. Groups take place on Tuesdays from 5-6:30pm, and Thursdays 10-11:30am. Parents may join at any time and participate for any length of time. As a parent participant, you are able to build on your strengths and receive support, while also reaching out in support to other parents. You decide which important issues you'd like to discuss, and what you want to share. Our policy is for information shared by and among the group members to remain confidential within the group unless someone is in danger. Each group has an accompanying children's program, which includes making crafts and structured play. A meal and/or snacks are served at each meeting.

Address: 194 US Oval, Plattsburgh, NY 12903

Phone: 518-561-4999

Website: <https://www.cccnc.org/north-country-parenting-support-groups>

Car Seat Safety Program: The CCCNC Car Seat Safety Program operates out of our Plattsburgh location and is a great way to ensure your child's car seat is properly installed for maximum safety on the road. A car seat technician is available to instruct you on the correct installation and fit of your child's car seat, plus answer any questions regarding appropriate car seats or car seat use. Additionally, we offer FREE car seats or booster seats (plus installation) to eligible families!

Address: 194 US Oval, Plattsburgh, NY 12903

Phone: 518-561-4999 (Ask to speak with a car seat technician)

Website: <https://www.cccnc.org/car-seat-safety-program>

Journey Into Reading Program: Journey Into Reading is a free reading and child literacy-building program for families in the greater Plattsburgh region. Each Thursday from 4:30-6:30, volunteers read to young children at the Champlain Center Mall. After listening to the book being read, the children each choose a free book to take home and enjoy. Adults who attend are given tips on how to read to children, and advice on why reading is an important and loving pastime to share with their families.

Address: 194 US Oval, Plattsburgh, NY 12903

Phone: 518-561-4999

Website: <https://www.cccnc.org/journey-into-reading-program>

Clinton County C-SPOA: As part of its 2000-2001 New Initiatives, the New York State Office of Mental Health (OMH) has mandated that county mental health administration directly oversee and manage the access to certain Medicaid funded intensive services. These services include Intensive Case Management (ICM), Supportive Case Management (SCM), Home and Community Based Waiver, Family Based Treatment, and adult residential services. Each county is required to maintain Single Point of Access Committees that review all referrals and manage access to these services. Clinton County has two SPOA committees, one for children and one for adults.

Services:

- Referral for Care Management services (Part 1 of C-SPOA referral completed and submitted to Brianna.Reeves@clintoncountyny.gov)
 - If a child has Medicaid, we can send the referral right to Care Management Services
 - If a child does not have Medicaid, but is involved with at least two community related resources, we can fill out an application for HCBS by doing a C-YES application. If approved through C-YES, the child can qualify for Medicaid for individual (1), and open doors to more Care Management services
- Referral for Children’s Community Residence services (Parts 1 and 2 of C-SPOA referral completed and submitted to Brianna.Reeves@clintoncountyny.gov)
 - Once referral is received, SPOA Coordinator will follow proper referral process for CR’s (each is different)
- Referral for Residential Treatment Facility services (Parts 1 and 2 of C-SPOA referral completed and submitted to Brianna.Reeves@clintoncountyny.gov)
 - Once referral is received, SPOA Coordinator will follow proper referral process for RTF’s (each is different)
- Interagency Resolution Unit: [Interagency Resolution Unit :: NYS Council on Children and Families](#)
 - The Council is authorized by law to identify and resolve interagency issues and jurisdictional disputes that impede access to services for children and youth who have complex needs and may require services from multiple agencies.

Eligibility: Child under the age of 18, involved in at least two child services, and has two chronic conditions OR HIV/AIDS OR one serious emotional disturbance OR complex trauma
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Referral: Submit universal C-SPOA application to Project Coordinator at CCMHAS
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Waitlist: N/A

Address: 130 Arizona Ave, Plattsburgh, NY 12903

Phone: 518-565-4077

Email: Brianna.Reeves@clintoncountyny.gov

Website: <https://www.clintoncountyny.gov/mental-health-addiction-services/MHChild>

Clinton County Department of Probation: The mission of the Clinton County Department of Probation/Alternatives to Incarceration (ATI) is to enhance community safety by providing supervision of adult and juvenile offenders. This is accomplished by serving as a conduit for positive change, overseeing the compliance of probationers mandated with an alternative to incarceration sentence and by compassionately addressing the needs of and providing support to victims of crime. We accomplish our mission through a full range of supervision services, which join with various community based and local service agencies designed to provide innovative programming to prevent crime, re-victimization and delinquency.



Juvenile Delinquent Diversion Program: The Probation Department can provide intervention and services for individuals and families, and be a meaningful resource to the community through the prevention of further delinquency. Probation as an adequate community alternative to placement, reduces the need for Court involvement, lessening the effects of stigmatization, and a cost savings to the community. A Juvenile Delinquent is a person between the ages of 7 and 16, who commits an act which would be a crime if committed by an adult.

In the New York State adult Criminal Justice System, police have direct access to the local District Attorney. In the Juvenile Justice System, by contrast, basically a case may progress from probation intake to the presentment agent and to the Court. The progression is identical regardless of whether the child is detained, taken directly to Court, or released upon issuance of an appearance ticket. The main function of a probation intake is to determine whether cases should be referred to the presentment agent for petition or whether they can be adjusted. Presentment agencies are the local government agencies or authorities responsible for presenting JD petitions for prosecution (FCA §301.2[12]). This function is parallel to the District Attorney's Office in Criminal Courts.

At the beginning of the intake process, the Probation intake worker must first determine that the Family Court has jurisdiction over the case. Probation may also begin to collect information on prior system contacts and request information from schools and other sources. This information is used when evaluating the decision to adjust a case. When the parties are available, the complainant is often interviewed first to establish if he/she has an objection to adjustment. If an objection is made, the case must be referred.

The intake period is sixty days in length. A sixty-day extension can be permitted after application by the Probation Department to the Family Court judge. Decisions must be made regarding adjustment or transfer to the presentment agent within this intake period. When adjustment is not feasible, the case is transferred to the presentment agent. In Clinton County, the presentment agent is the Assistant County Attorney. If there is sufficient evidence to proceed, the case is brought before the Family Court judge. At this time a law guardian, an attorney appointed by the Court to represent the legal interest of the juvenile, is assigned.

Address: 34 Court Street, Plattsburgh, NY 12901

Phone: 518-565-4640

Website: <https://www.clintoncountyny.gov/Departments/Probation/FamilyCourtUnit.html>

Persons in Need of Supervision (PINS): Non-criminal complaints about the behavior of a person under 18 years of age are handled by the Probation Department as a conduit to Family Court. These allegations usually involve patterns of behaviors such as school truancy, running away, late hours, or repeat disobedience to legitimate authority figures such as parents or guardians, school, and foster care agencies.

These matters are commonly referred to as PINS complaints. The individual who makes the complaint is referred to as the "potential complainant." The person against whom the complaint is made is referred to as the "potential respondent." After a preliminary intake review, appropriate cases are assigned to a probation officer and the Department of Social Services (DSS) caseworker for the youth's school district. The probation officer counsels and educates the complainant and respondent regarding PINS diversion procedures and regulations.

The probation officer reviews the referral with an interagency team called the Diversion Committee which makes recommendations for services and programs through the development of a service plan. A referral can be made to the Designated Assessment Service (DAS) for an additional evaluation. The referral is reviewed by the Diversion Committee periodically during the diversion period for case management and monitoring. The probation officer is also an active member of the PINS Diversion Committee which meets with each school district monthly. This interagency team reviews concerns about at-risk youth, facilitates referrals to appropriate agencies, and coordinates services as needed. If a PINS matter can be resolved through conferences and services, the complaint will be adjusted without an appearance before a judge. If conferences and services have not helped improve the situation, the petitioner may be notified that a formal Court action can be filed. The notice that probation sends to the petitioner in such cases must be presented at Court with the petition. Under the law, even when a petition is filed, the Court may return the complaint to intake for further referral services.

If a PINS petition is filed with Family Court, a hearing is scheduled and the respondent is assigned an attorney called a law guardian. If there is a finding that the juvenile is adjudicated a PINS, the Court may place the child on probation under the supervision of the Probation Department. In situations where more structure is needed, the juvenile may be placed in DSS custody for placement in foster care or a residential program.

Address: 34 Court Street, Plattsburgh, NY 12901

Phone: 518-565-4640

Website: <https://www.clintoncountyny.gov/Departments/Probation/FamilyCourtUnit.html>

Clinton County Department of Social Services: The Department of Social Services is a complex agency, one which administers many programs with many clients. In financial services, our goal is to help the needy receive benefits and to help them not need them. We have a whole array of services, which can help individuals attain self-sufficiency. In Social Services, we focus on families' strengths and build on them in order to preserve those families and make them stronger. These holistic approaches are ones which we always try to maintain with the view that all we do at the Clinton County Department of Social Services contributes to making Clinton County stronger and a better place to live.

For CPS, Foster Care, Adolescent, Preventive, and/or Adult, press 2. Then, you can choose from the options. CPS is 1, Foster Care is 2, Adolescent is 3, Preventive is 4, and Adult is 5. You will speak with the office coverage person who will then assist you.

Child Preventive Services (Until 5th Grade): Preventive services are supportive and rehabilitative services provided to children and their families to avert disruption of a family which could result in an out of home placement for the child, to enable a child who has been placed in foster care to be reunited with his or her family at an earlier time than would otherwise be possible, or to reduce the likelihood that a child discharged from foster care will return to such care. Preventive caseworkers are either office based or work within local elementary schools through the Preventive School Partnership Program (PSAP) to assess the need for and provide services. They coordinate referrals and services between the families, schools, Department of Social Services and other community agencies.

Eligibility: Any child that is in need of extra support for themselves and/or their caregiver
Referral: This can be self done, by a professional, or court mandated. Unless court mandated, these services are all voluntary and require setting goals. Calling is the referral process, there is no paper referral form
Waitlist: N/A

Address: 13 Durkee Street, Plattsburgh, NY 12901

Phone: 518-565-3300

Website: <https://www.clintoncountyny.gov/dss/family/child-preventive-services>

Adolescent Preventive Services (After 5th Grade): The primary focus of the Adolescent Services Unit is to work with youth and their families who are experiencing difficulty with adolescent issues and are at risk of out of home placement.

Services:

- **Preventive Services:** Preventive services provide supportive and rehabilitative services to families in an effort to address the parent or child issues creating a risk of out of home placement. Preventive services may be voluntary, or court ordered.
 - Parenting information and resources
 - Assisting parents to better manage their children's behavior
 - Supporting families through stressful times
 - Facilitating family meetings to engage resources and develop plans to help families meet their needs
 - Assisting with issues such as safe housing and transportation
 - Connecting families to community programs and resources
- **Persons in Need of Supervision (PINS):** A Person in Need of Supervision (PINS) is a child under the age of 18 who is incorrigible, ungovernable, and habitually disobedient and/or is not attending school in accordance with Part 1, Article 65 of the Educational Law. In addition, the child is beyond the lawful control of their parents, guardian, or lawful custodian and requires treatment and supervision beyond what the parent/guardian is able to provide.
 - DSS Adolescent Unit facilitates this
 - Case management services to at-risk youth and families
 - Family/home-based assessments by local DSS
 - Collaboration with the local school districts
 - In depth assessments by mental health professionals
 - Information and referral to community services
 - Possible referrals: Stepping Stones, Ready4Real, IFSP, YAP, SWEET Program
 - Support and advocacy
- **Preventive Services for Adolescents and Families (PSAF)**
 - This is when a school refers an individual to DSS
- **Adolescent Parenting Program:** an eight-week program open to the public
 - Interested individuals can call to sign up for this

Eligibility: Any adolescent that is in need of extra support for themselves/ their caregiver
Referral: Same as preventive, can do this voluntarily by calling the number, or court mandated. Parents, Guardians, legal custodians, police and Schools may initiate a PINS diversion referral. PSAF is a voluntary service. Schools must endeavor to seek out parental permission, prior to making a PSAF referral
Waitlist: N/A

Address: 13 Durkee Street, Plattsburgh, NY 12901

Phone: 518-565-3404

Website: <https://www.clintoncountyny.gov/dss/family/adolescent-services>

Child Protective Services: Clinton County Child Protective Services (CPS) investigates reports made to the New York State Central Register alleging child abuse or neglect which are alleged to occur in Clinton County. The investigation of a report is an investigative process which includes interviews of children as well as adults, observation of the situation, and information gathering. Its purpose is to protect the child, determine the validity of the allegations, evaluate any condition of abuse or maltreatment that was not reported, and determine the services necessary to ensure the protection of the child as well as reduce the degree of future risk to the child. The investigation includes an evaluation of all children in the home, whether or not they are actually named in the report. CPS strives to alleviate physical abuse, neglect, and sexual abuse of children by their parents and caretakers. Once a child is determined to be safe, an evaluation of the risk of the likelihood of future neglect is made. Based on this assessment, appropriate referrals for services, if any, are made to minimize the risk of future abuse or neglect. When a child is unsafe in their home, placement of the child outside the home will be considered.

Eligibility: Anyone suspected of child abuse, neglect, or maltreatment
Referral: Call the hotline to make a report
Waitlist: N/A; all calls taken will be investigated and documented

Address: 13 Durkee Street, Plattsburgh, NY 12901

Phone: 518-565-3300 / Mandated Public Line: 800-635-1522

Website: <https://www.clintoncountyny.gov/dss/family/child-protective-services>

SWEET Program: SWEET is a six-week employment-based program for youth. The 2024 program runs from July 15, 2024 through August 23, 2024. Participants will work up to 30 hours per week at local schools and businesses and earn \$15.00 per hour. (This changes per year).

Eligibility: Resident of Clinton County Age 14 – 20 Must meet income guidelines Required to attend a two-day Orientation from July 5th, July 11th- July 12th Income Eligibility 200% of Poverty (incomes listed on website)
Referral: Fill out online application (on website; directions listed)
Waitlist: N/A

Address: 13 Durkee Street, Plattsburgh, NY 12901

Phone: 518-565-3299

Website: <https://www.clintoncountyny.gov/dss/sweet-application>

Clinton County Health Department: Healthy People in a Healthy Community

Services:

The Early Intervention Program: EIP provides services that assist in the growth and development of eligible children and their families. EIP works to help families to manage daily life and meet their child's special needs. There is no cost to families for services provided by EIP.

Eligibility: EIP is for children under the age of 3 who are developmentally delayed or have a diagnosed disability
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Referral: Parents or caregivers can make a direct referral to EIP by calling 518-565-4890

Waitlist: N/A

Address: 133 Margaret Street, Plattsburgh, NY 12901

Phone: 518-565-4840

Website: <https://health.clintoncountyny.gov/specialneeds>

The Preschool Special Education Program: The Preschool Special Education Program provides educational services to children ages 3 to 5 who have a disability or delay that affects their learning. Local school districts guide families through the program, while Clinton County and the New York State Education Department pay for the cost of the educational services.

Eligibility: Children ages 3-5 who have a disability or delay that effects their learning

Referral: Parents or caregivers can make a direct referral by contacting the school district where they reside
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Waitlist: N/A

Address: 133 Margaret Street, Plattsburgh, NY 12901

Phone: 518-565-4840

Website: <https://health.clintoncountyny.gov/specialneeds>

The Children and Youth with Special Health Care Needs Program (CYSHCN):

Designed to improve the health care needs of individuals

Eligibility: Children 0-21 that have or are suspected of having a serious or chronic physical, developmental, or emotional condition and who also require health and related services of a type of amount beyond required by children generally

Referral: Call 518-565-4890

Waitlist: N/A

Address: 133 Margaret Street, Plattsburgh, NY 12901

Phone: 518-565-4890

Website: <https://health.clintoncountyny.gov/specialneeds>

Family Health Home Visiting Program: The Clinton County Health Department is committed to helping families. The Family Health Home Visiting Program (FHHVP) offers services to expectant parents and new families. The program is flexible and can be tailored to meet the needs of the family. The FHHVP nurse will provide information about community services, parenting, normal pregnancy, dental care, nutrition and healthy lifestyle choices. After your baby arrives, the nurse will answer questions and concerns about such things as feeding, safe sleep, immunizations, growth and development and when to call your doctor.

Eligibility: This is a free service to all Clinton County residents
Referral: <ul style="list-style-type: none"><input type="checkbox"/> Refer yourself by calling the Clinton County Health Department (518) 565-4848<input type="checkbox"/> Your doctor or provider may send a referral if needed<input type="checkbox"/> Other community agencies may send a referral if needed
Waitlist: N/A

Address: 133 Margaret Street, Plattsburgh, NY 12901

Phone: 518-565-4848

Website: <https://health.clintoncountyny.gov/fhhvp>

Healthy Neighborhood Program: The Healthy Neighborhoods Program (HNP) is a grant-funded program designed to help improve the personal health, safety, and environmental living conditions of residents within Clinton County. HNP is able to do this through health and safety surveys that are conducted with participants of the program. The survey covers 5 main topics: fire safety, lead, indoor air quality, injury prevention, and asthma. Based on the outcome of the survey, and program eligibility, HNP may be able to provide the participant with various safety products as well as health and safety education. HNP is FREE to all Clinton County residents regardless of age or income.

Eligibility: https://www.jotform.com/Clintonhealth/home-survey-request-form
Referral/ Request an Appointment: https://www.jotform.com/Clintonhealth/home-survey-request-form
Waitlist: N/A

Address: 133 Margaret Street, Plattsburgh, NY 12901

Phone: 518-565-4840

Website: <https://health.clintoncountyny.gov/healthyneighborhoods>

WIC (Women, Infants, and Children): The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) provides nutrition information, help with breastfeeding, referrals to other services, and healthy foods. The WIC program strives to grow healthy families right from the start. Good nutrition during pregnancy and in the first years of a child's life is very important. Research has found participation in the WIC program leads to healthier births, reduced infant mortality and better infant feeding practices. It has also shown that children receiving WIC benefits have diets that are more nutritious, which helps them do better in school.

Eligibility: Pregnant, postpartum and/or breastfeeding women, as well as infants and children up to the age of five that meet income guidelines OR receive benefits from Medicaid, SNAP or TANF are eligible to receive WIC benefits

Referral: Call 518-565-4830

Waitlist: N/A

Address: 133 Margaret Street, Plattsburgh, NY 12901

Phone: 518-565-4830

Website: <https://health.clintoncountyny.gov/wic>

Clinton County Mental Health and Addiction Services: The department is responsible for the planning, development and coordination of services in the fields of chemical dependency, mental health, mental retardation and other developmental disabilities within the geographic boundaries of Clinton County. The department directly operates both mental health and addiction treatment outpatient clinics. Additional services are provided through contracts with area agencies.

Mental Health Clinic: Serves the mental health needs of Clinton County residents of all ages, using psychotherapy and medication treatment.

Eligibility: Anyone seeking mental health services who is a resident of Clinton County The clinic receives assistance from federal, state and local governments to assist those who could not otherwise afford mental health services. Your actual fee for an appointment will vary depending on whether or not you have a medical plan, your household income and the number of people living on that income. Your financial responsibility will be determined at the time of your first appointment
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Referral: Walk ins (Come to the clinic between the hours of 8:30-12:00 Monday through Friday to register for services and be seen for an admission assessment. During the intake appointment, we will talk with you about the mental health problems you are having and their urgency or severity, and the services you would like. We will also talk with you about your financial responsibility for services) or you can call to schedule an appointment

Waitlist: N/A at this time

Address: 130 Arizona Ave, Plattsburgh, NY 12903

Phone: 518-565-4060

Website: <https://www.clintoncountyny.gov/mental-health-addiction-services>

Substance Use Clinic: Outpatient addiction clinic serving Clinton County residents who have an addiction problem or who have a family member with an addiction problem. Services include: Evaluation, referral, and outpatient treatment. Outpatient treatment generally includes a combination of treatment modalities such as individual counseling, group counseling, family or couples counseling and intensive outpatient treatment.

Eligibility: Anyone seeking substance use services who is a resident of Clinton County
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Referral: Walk ins (Come to the clinic between the hours of 8:30-12:00 Monday through Friday to register for services and be seen for an admission assessment. You will be asked some questions so we can gather basic information, determine the reason you are requesting services and how we can best meet your needs. We will also talk to you about your financial responsibility for services) or you can call to schedule an appointment

Waitlist: N/A at this time

Address: 130 Arizona Ave, Plattsburgh, NY 12903

Phone: 518-565-4060

Website: <https://www.clintoncountyny.gov/mental-health-addiction-services>

Youth Problematic Sexual Behavior Group: Clinton County Mental Health and Addiction services is offering a Pathways group for adolescent males or females ages 12 to 18 identified as having sexual behavior problems. The group is an open group and lasts approximately 10-12 weeks. Registration is needed prior to attending this group. The group will help clients to build on existing strengths to develop healthy lifestyles and is based on the idea that successful treatment for individuals with sexual behavior problems need to not only learn adaptive skills but, also develop healthy lifestyles in order to prevent re-offense.

- The essential components include:
- Psychoeducation about sexuality and legal and illegal sexual behavior
- Cognitive restructuring, and awareness of thinking errors (cognitive distortions)
- Support for disclosure of sexual feelings and behavior
- Victim awareness training
- Cognitive-behavioral training in understanding the connection between feelings, thoughts, and behavior, and understanding behavior chains
- Education about responsible sexual relationships, and training in establishing healthy peer-age relationships
- Guidance in the victim clarification (apology) process, and training in family reunification skills

Eligibility: Youth ages 12-18, living in Clinton County, identified as having problematic sexual behaviors
Referral: Fill out referral form and attach any pertinent information. Send or drop off application and supporting paperwork to Casey Caron
Waitlist: N/A

Address: 130 Arizona Ave, Plattsburgh, NY 12903

Phone: 518-565-4060

Website: <https://www.clintoncountyny.gov/mental-health-addiction-services>

Not A Number Group: An interactive, five-module prevention curriculum designed to teach youth how to protect themselves from human trafficking and exploitation through information, critical thinking, and skill development. Not a # uses a holistic approach focusing on respect, empathy, individual strengths, and the relationship between personal and societal pressures that create or increase vulnerabilities.

Eligibility: Any teen living in Clinton County
Referral: Call Casey Caron at 518-565-4070 to refer; there is a parent/guardian permission slip to be filled out
Waitlist: N/A

Address: 130 Arizona Ave, Plattsburgh, NY 12903

Phone: 518-565-4060

Website: <https://www.clintoncountyny.gov/mental-health-addiction-services>

Clinton County Mental Health and Addiction Services

Anger Management Program (AMP): A 5-week, 1 hour group that will be held for 5 consecutive Tuesdays from 4-5 p.m. Amp's focus is on managing anger. Topics will include: identifying triggers, identifying emotions, and emotion regulation/distress tolerance. There will be a big focus on coping skills and mindfulness tools. This is an interactive group and youth and family participation is strongly encouraged. We encourage at least one parent to attend the group with their child. It is important for the families to know what their kids are learning in group so that they can assist them at home.

Eligibility: For August 2024 group, children must be ages 13-17; for October 2024 group, children must be ages 7-12

Referral: Call Erica Leonard or Kelly Hornby at 518-565-4060
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Waitlist: N/A

Address: 130 Arizona Ave, Plattsburgh, NY 12903

Phone: 518-565-4060

Website: <https://www.clintoncountyny.gov/mental-health-addiction-services>

Clinician Specialties:

- Anger Management
- Impulse Control
- Youth Problematic Sexual Behavior
- Gender Affirming Care for LGBTQNBI individuals
- Mental health support for individuals with Autism
- Trauma Focused Cognitive Behavioral Therapy
- Firesetting Risk Assessment Tool for Youth (FRAT-Y)
- Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC: 0-5 Training)
- Grief and Loss for Children and Adolescents
- CSTS Certifications: Eating disorders, addictive eating, body shame and more
- "Infant Family Specialist" certifications through NYS-AIMH
- DIRFloortime providers
- Certified facilitators of Not a Number group

Clinton County Youth Bureau: The mission of the Clinton County Youth Bureau is to promote positive youth development, strong families, and supportive communities. The purpose of the Youth Bureau is to establish, coordinate and maintain youth development, recreation and delinquency prevention programs throughout Clinton County for youth from birth to 21 years. This is accomplished by networking with others who serve youth, assessing the needs of youth through comprehensive planning, coordinating and planning youth services, allocating Office of Children and Family Services Youth Development Program (YDP) funds for youth programs and evaluating the effectiveness of those programs.

Youth Recreation Program: The Clinton County Youth Bureau is dedicated to providing quality year-round recreation opportunities AT NO EXPENSE to the participants. Activities promote the development of motor and social skills as well as the values of good sportsmanship and fair play. Youth have the opportunity to participate in a wholesome, well-rounded, non-competitive and fun environment.

Address: 135 Margaret Street, Suite 203, Plattsburgh, NY 12901

Phone: 518-565-4750

Website: <https://www.clintoncountyny.gov/youthbureau/recreation>

Clinton County Youth Court: The Clinton County Youth Court Program is a voluntary diversion program for youth under the age of 18 who are charged for the first time with an offense. Youth Courts accepts violations, misdemeanors, low level felonies as well as noncriminal offences. To be eligible for the program, the youth must admit to the crime. If determined appropriate, a hearing is held in which trained youth, known as Youth Court members, fill the courtroom roles such as defense attorney, prosecuting attorney, judge, clerk/bailiff and jury members. At the end of the hearing, the jury members determine an appropriate sentence for the charged youth based on the information presented. The goal of the program is to prevent delinquency through positive peer influence.

Eligibility: Youth under the age of 18 who are charged for their first time with an offense and have admitted to the offense.
Referral: Youth are referred to the program by local Law Enforcement Officials, the Probation Department, the Department of Social Services and schools. The youth offender and their parent or guardian must attend an intake meeting with the Youth Court Project Coordinator. If the referral is determined appropriate for the program, a hearing will be scheduled. The youth and their parent or guardian will attend an attorney meeting prior to the hearing.
Waitlist: N/A

Address: 135 Margaret Street, Suite 203, Plattsburgh, NY 12901

Phone: 518-565-4750

Website: <https://www.clintoncountyny.gov/youthbureau/youth-court>

Youth Court Member: Youth Court members are Clinton County youth in grades 7-12 who have attended training courses and passed an exam. Once trained, youth are part of a pool of approximately 50 Youth Court members. Youth from this pool are assigned to hearings by the Project Coordinator. Members run the courtroom by filling all of the roles including clerk/ bailiff, judge, prosecuting attorney, defense attorney, jury foreperson and juror. Youth must be willing to make a voluntary commitment to the program for one year. Besides participating in hearings, members are required to participate in at least 3 Youth Court sponsored community services activities a year. New member training is typically offered twice a year. The law-related training covers an array of topics and will prepare members to assume the Youth Court roles. Once a member, youth have the opportunity to participate in specialized training to assist with certain roles such as attorney, judge, jury foreperson and clerk/bailiff. Through training and participating in the program members develop: Public speaking and presentation skills; Individual and group decision making skills; An understanding of their civic responsibilities; Knowledge of the criminal and juvenile justice systems.

Eligibility: Youth grades 7-12, attended training courses, and passed an exam
Referral: Fill out application on website
Waitlist: N/A

Address: 135 Court Street, Suite 203, Plattsburgh, NY 12901

Phone: 518-565-4750

Website: <https://www.clintoncountyny.gov/youthbureau/youth-court>

Community Connections of Franklin County: Our staff of peer certified providers who have achieved significant recovery goals and overcome barriers, will use our own life experiences to model, coach and encourage others to boost hope and improve overall wellness. We at Community Connections of Franklin County, believe in a society where all individuals have the power to create their own opportunity and success working together to improve the quality of life of individuals and families.

Children's Care Management:

Home- Based Crisis Intervention (HBCI) Services: Our services are designed to help youth and their families who are struggling with behaviors and/or symptoms of mental illness and substance use disorder; and may be at risk of inpatient hospitalization or out-of-home placement. The goals of the HBCI program include: help to build youth/family skills; stabilize the child/youth in the home and community; building engagement with needed resources; decrease or prevent utilization of hospital emergency departments, inpatient stays, and law enforcement intervention.

HBCI Service Structure

Average length of stay 6-8 weeks

But longer if need for stabilization persists



Focus Population: Children/youth/families who are: experiencing current, persistent, and major symptoms or behaviors; not engaging well in more traditional settings AND/OR at risk of: out of home placement or higher level of care; frequent utilization of emergency department; repeated MH inpatient hospitalizations; utilizing law enforcement involvement to address challenges

Eligibility: Youth ages 5-20 and live in Clinton, Essex, Franklin, and Hamilton Counties
Referral: Call (518-521-3507) or Fax (518-521-3760)
Waitlist: N/A at this time

Address: 209 West Main Street, Malone, NY 12953

Phone: 518-481-8582

Email: hbc@communityconnectionsfcny.org

Conifer Park: Conifer Park Regional Services has community relations staff available by region to provide information, assessment, and referral. We assist in answering many questions that a loved one or family member might have on how to proceed in getting someone help or finding local resources in their particular area. In Plattsburgh, Conifer Park offers individual psychiatric sessions for youth under the age of 18.

Eligibility: Found out during initial assessment
Referral: Parents, guardians, teachers, hospitals, etc. can fill out a referral form and submit it via fax, or individuals can call the number above to schedule an initial evaluation
Waitlist: As of May 2024, there is a week to two weeks waitlist to access individual sessions. Typically, assessments can be scheduled within 24 hours. Walk-ins are available

Address: 80 Sharron Avenue, Plattsburgh, NY 12901

Phone: 518-561-0130

Website: <https://www.coniferpark.com/outpatient/plattsburgh>

Families First: We exist to bring hope and support to families in our community who have children with mental health issues. We work in partnership with families using a strengths-based perspective to frame our work. With your help we can make a difference in the lives of families. Our website furthers our mission by providing ways for you to learn more and get involved. Families First offers a wide range of programs and services to meet the needs of families who have children with physical and behavioral health concerns. Provide programs, information and resources. *Family Support Services (FPSS and Respite for Essex County only as of 5/28/24)

Health Home Care Management: Provides a care manager to work with the child and family to oversee the entire range of a child's health needs. The care manager will partner with the family to develop a plan of care and coordinate with all other providers to ensure that a child remains healthy.

Eligibility: Behavioral Health Diagnosis or Other Chronic Health Condition; Medicaid
Referral: Fill out Permission to Contact Form from blue packet and send to Deb Mitchell via email. She will then reach out to the family and then back to referrer to provide updates Deb Mitchell P: 518-802-8714 / E: dmitchell@familiesfirstessex.org
Waitlist: Admissions typically happen at the beginning of the month, and discharge at the end of the month

**Address: 196 Water Street PO Box 565
Elizabethtown, NY 12932
Phone: 518-873-9544**

Website: https://familiesfirstessex.org/what_we_do/programs_services.html

High Fidelity Wraparound: Intensive and individual team-based planning process led by the family and facilitated by the care manager. Partners and families use voices and strengths to develop a family-driven plan that promotes self-advocacy. Wraparound aims to achieve positive outcomes through team-based support and collaboration. Wraparound plans are holistic and designed to meet the identified needs of caregivers and siblings and to address a range of life areas.

Eligibility: Youth ages 0-21; Medicaid
Referral: Fill out Permission to Contact Form from blue packet and send to Deb Mitchell via email. She will then reach out to the family and then back to referrer to provide updates Deb Mitchell P: 518-802-8714 / E: dmitchell@familiesfirstessex.org
Waitlist: Admissions typically happen at the beginning of the month, and discharge at the end of the month

**Address: 196 Water Street PO Box 565
Elizabethtown, NY 12932
Phone: 518-873-9544**

Website: https://familiesfirstessex.org/what_we_do/programs_services.html

Home and Community Based Services: HCBS are designed to offer support and services to children in non-institutionalized settings that enable them to remain at home and in the community. HCBS provides a family-driven, youth guided, culturally and linguistically appropriate system of care which accounts for the strengths, preferences, and needs, as well as the desired outcome of the individual. Services are individualized to meet the health, developmental and/or behavioral health needs of each youth. HCBS are intended to be provided to a child and family in their home and/or the community. The array of services is intended to assist children in being successful at home, in school, and in their other natural environments to help maintain them in their community and avoid higher levels of care and out of home placements. Services include Caregiver/Family Advocacy Supports and Services; Prevocational Services; Supported Employment Services; Respite Services.

Eligibility: Children and youth seeking HCBS must be under 21 years old and eligible for Medicaid. Qualification criteria: Severe Emotional Disturbance with Risk Factors
Referral: Fill out Permission to Contact Form from blue packet and send to Deb Mitchell via email. She will then reach out to the family and then back to referrer to provide updates Deb Mitchell P: 518-802-8714 / E: dmitchell@familiesfirstessex.org
Waitlist: Admissions typically happen at the beginning of the month, and discharge at the end of the month

**Address: 196 Water Street PO Box 565
 Elizabethtown, NY 12932
 Phone: 518-873-9544**

Website: [https://familiesfirstessex.org/what we do/programs services.html](https://familiesfirstessex.org/what_we_do/programs_services.html)

Children and Family Treatment and Support Services (CFTSS): CFTSS are intended to better meet children's needs, expand access to clinical treatment services, and provide a greater array of approaches for rehabilitative interventions. Services include: Therapy services (evaluation, assessment, and counseling); Rehabilitation services (psychosocial rehabilitation and community psychiatric treatment and support; and Family and youth peer support services (provided by a credentialed peer with lived experiences).

Eligibility: Behavioral Health Diagnosis and Medical Necessity Form from LPHA; Medicaid or Child Health Plus
Referral: Fill out Permission to Contact Form from blue packet and send to Deb Mitchell via email. She will then reach out to the family and then back to referrer to provide updates Deb Mitchell P: 518-802-8714 / E: dmitchell@familiesfirstessex.org
Waitlist: Admissions typically happen at the beginning of the month, and discharge at the end of the month

**Address: 196 Water Street PO Box 565
 Elizabethtown, NY 12932
 Phone: 518-873-9544**

Website: [https://familiesfirstessex.org/what we do/programs services.html](https://familiesfirstessex.org/what_we_do/programs_services.html)

Healing Grace: Healing Grace's mission is to provide support, guidance, love, and community to families that have suffered (or will suffer) the death of an infant at any stage of pregnancy and within the first year of life. We exist to cultivate hope and provide the necessary support for the healing journey after loss including but not limited to; professional and peer support provided in individual, community, video on demand and workshop settings, birth planning, funeral planning support, as well as comfort boxes and other products to support maternal grief. This is a community that has come together because of loss but is connected by our mutual vision of hope. At Healing Grace you will find a safe, loving environment to support you in whatever part of the healing process you are in. This journey does not have a start or an end. It is a continuum that is ever changing. From laughter and remembering with a smile one moment, only to feel an overwhelming feeling of sorrow fall over you the next and a need to cry it out, Healing Grace is here for you. No life too small.

Address: 62 Brinkerhoff Street, Suite 104, Plattsburgh, NY 12901

Phone: 518-310-0722

Website: <https://healinggraceph.org/about/>



**Community Resource
Center for Grief**

SERVICES:

- ✓ Children's Grief Support
- ✓ Peer support
- ✓ Pregnancy Loss and Infant Death support
- ✓ G.R.A.C.E. Grief, Resources, Awareness, Connection and Education



Find Us:

62 Brinkerhoff St., Suite
104 Plattsburgh, NY 12901
sarahw@healinggraceph.org
(518) 310-0722



More Info

Joint Council for Economic Opportunity (JCEO): JCEO is a private, not-for-profit human service agency that serves the residents of Clinton and Franklin Counties through its main administrative offices as well as 12 Community Outreach Centers and 10 Head Start Centers. All programs are based on JCEO's mission to alleviate poverty through practical, timely, and innovative services that emphasize and develop problem-solving skills for people.

Community Outreach: Community Outreach Centers meet the needs of low-income individuals with: Information and referrals; school supplies; Backpack program; and food pantries.

Eligibility: Anyone that meets the income guidelines and resides in Clinton County
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Referral: Call 518-561-6310

Address: 54 Margaret Street, Plattsburgh, NY 12901

Phone: 518-561-6310

Website: <https://www.jceo.org/community-outreach>

Day Care: Our Day Care Program can assist parents with finding safe and affordable daycare. We also help individuals become a licensed or registered day care provider.

Eligibility: Anyone that meets the income guidelines and resides in Clinton County
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Referral: Call 518-561-6310

Address: 54 Margaret Street, Plattsburgh, NY 12901

Phone: 518-561-6310

Website: <https://www.jceo.org/daycare>

Early Head Start: Early Head Start is a comprehensive childhood education program that promotes the school readiness of children from birth to age five, while building relationships with families. Early head start is home-based. Twice a month, all families receiving home visits get together for socializations which fosters children's social and emotional growth, and friendships for parents.

Eligibility: Provided for pregnant mothers, infants, and toddlers until age 3. Designed for low-income families that fall under 130% poverty (Able to select a small percentage of over income families); Any family that receives SNAP, SSI, Foster care children, housing transition, homelessness under McKinney Vento meeting part A and B
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Referral: Service providers can fill out the recruitment form (referral form). The family will get additional points in system from being referred from outside agency
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Waitlist: Families are prioritized by need (age, then categorical, then points)

- | |
|--|
| <input type="checkbox"/> Points are awarded for substance use disorders, services for substance use, single parent families, SNAP, SSI, TANF, dual language) |
|--|

Usually 3 to 6 months

Address: 54 Margaret Street, Plattsburgh, NY 12901

Phone: Chantelle Latour P: 518-561-6310 Ext. 317

Website: <https://www.jceo.org/head-start-early-head-start>

Head Start: Head Start is a comprehensive childhood education program that promotes the school readiness of children from birth to age five, while building relationships with families. Head Start is center and home-based. In the center-based option, children are in a classroom for a 6-hour day, Monday through Friday. Home visits are provided in the home-based option once a week for an hour and a half. Socializations are offered twice a month.

Eligibility: Provided for children ages 3-5 and their families. Designed for low-income families that fall under 130% poverty (Able to select a small percentage of over income families); Any family that receives SNAP, SSI, Foster care children, housing transition, homelessness under McKinney Vento meeting part A and B
Referral: Service providers can fill out the recruitment form (referral form). The family will get additional points in system from being referred from outside agency
Waitlist: Families are prioritized by need (age, then categorical, then points) <input type="checkbox"/> Points are awarded for substance use disorders, services for substance use, single parent families, SNAP, SSI, TANF, dual language) Usually 3 to 6 months

Head Start Center Locations in Clinton County:

Name	Location	Phone Number
Beekman Center	United Methodist Church	518-563-1110
Champlain Center	Three Steeples United Methodist Church	518-298-8547
Cumberland Head Center	Beekmantown Central School	518-563-5098
Keeseville Center	1908 Route 22	518-834-0345
NAC Center	5574 Route 11	518-594-7732
Peru I, II, and Saranac Center	11 Big Hank Plaza Rd	518-561-1373
Plattsburgh City South Center	4917 South Catherine Street	518-561-2757

*School district transportation may be provided for 4-year-olds.

Measurement Incorporated:

The FACE Center: The Family and Community Engagement Center supports families of children with special needs to navigate and make sense of the special education process. We facilitate connections to vital community resources, 1 on 1 trainings, and much more. At preschool and school-age levels, we pride ourselves in providing high-quality special education related support, resources, and assistance to families, school-districts and community-based organizations.



Address: 194 US Oval, Plattsburgh, NY 12903

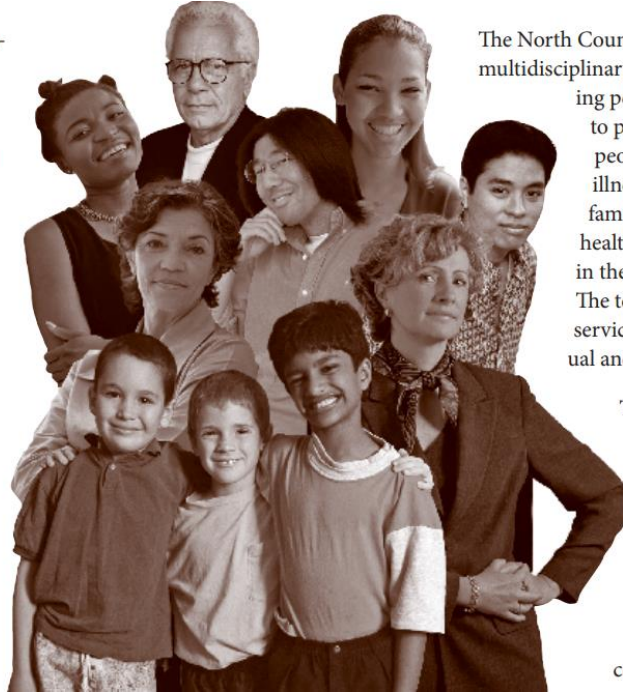
Phone: 518-375-7975 ext. 18027

Email: facecenternc@measinc.com

Website: <https://osepartnership.org/about>

Mobile Integration Team (MIT):

The North Country Mobile Integration Team (MIT) is designed to provide the clinical intervention and support necessary for adults with serious mental illness and youth with serious emotional disturbances to not only remain in the community, but also continue moving forward on their recovery journey. The underlying principles of every MIT service is that individuals do recover, individuals and families are resilient, and there is hope for your future.



The North Country MIT is a multidisciplinary team, including peers, dedicated to partnering with people with mental illnesses and their families to keep them healthy while living in their communities. The team will bring services to the individual and their family.

The North Country MIT provides service in Clinton, Essex, Franklin, Jefferson, Lewis and St. Lawrence counties.

Services:

- Support
- Immediate access
- Enhanced skills and knowledge
- Connection to programs and services
- Brief therapeutic support
- Skill building
- Crisis assessment and intervention
- Consultation and information
- Peer support groups and skills training
- Family and caregiver support and skills building
- Behavioral support and consultation
- In-home and community based respite

Eligibility: Child with serious emotional disturbance; does not need to be documented diagnosis. Insurance not billed
Referral: Anyone can fill out referral, including agencies and self. Fill out one page referral form, dual release form, and send to Beth and/or Dana to set up a time for individual seeking services to talk about the services to determine if applicable
Waitlist: N/A

Address: 130 Arizona Ave, Plattsburgh, NY 12903

Phone: Main: 315-541-2001 Crisis: 866-577-3836

Website: <https://omh.ny.gov/omhweb/transformation/docs/nc-mit.pdf>

National Alliance on Mental Illness of Champlain Valley (NAMI): NAMI

New York State is an organization of families, friends and individuals whose lives have been affected by mental illness. Together, we advocate for better lives for those individuals who have a mental illness. NAMI provides advocacy, education, support, and public awareness so that individuals and families affected by mental illness can build better lives. NAMI-NYS envisions a world where all people affected by mental illness live healthy, fulfilling lives supported by a community that cares.

Services:

- Family to Family
- WRAP Educational Programs
- Support Groups

Address: 304 New York Road, Plattsburgh, NY 12903

Phone: 518-561-2685

Email: info@nami-cv.org

Website: <https://www.nami.org/affiliate/new-york/nami-champlain-valley/>

North Country Behavioral Medicine: NCBM provides psychiatric services to patients of all ages. Specific psychotherapies include Cognitive Behavioral Therapy, Psycho-dynamic Psychotherapy, and Eclectic Psychotherapies. We also offer Transcranial Magnetic Stimulation (TMS) for patients suffering from depression that has failed to respond to medications. Each of our providers has specific skill sets and areas of interest.

Services:

- **Psychotherapy and Counseling** NCBM has therapists with a wide range of experience and areas of interest. They can work with you to improve your symptoms, learn coping skills, and begin to enjoy life again. Psychotherapy is a safe and effective treatment for many psychiatric conditions. The therapies we provide include Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR), Psychodynamic Psychotherapy, etc.
- **Psychiatric Care** We have a number of psychiatric providers available to help you improve your condition utilizing a combination of medication and psychotherapy. Our team includes psychiatrists, psychiatric nurse practitioners and physician assistants. Your provider will spend time with you. Our shortest follow up appointment will be 30 minutes in length. We do not believe in just writing you a prescription and sending you out the door. We want to hear what you have to say and take time to educate you about your symptoms, your treatment and other ways you can improve your condition.
- **Transcranial Magnetic Stimulation (TMS)** TMS is recognized by the American Psychiatric Association, the FDA and many international societies as the next treatment choice when medications do not work. North Country TMS provides a process for you or someone you care about to be evaluated for TMS therapy. Our staff will secure an appointment quickly, will verify benefits, and submit all insurance paperwork.
- **Telehealth** NCBM offers telehealth visits which allow our patients to meet with their provider or therapist by computer, phone, or tablet. For those who cannot do video appointments most insurance companies will allow you to have your appointment by phone.
- **Eye Movement Desensitization and Reprocessing Therapy (EMDR Therapy)** NCBM has several clinicians trained in EMDR therapy. EMDR therapy is an evidence-based, highly effective psychotherapy method proven to resolve unprocessed traumatic memories in the brain. EMDR is widely considered one of the best treatments for post traumatic stress disorder (PTSD)

Eligibility: Adults, teens, children interested in receiving mental health support
Referral: Fill out applicable referral form here: https://northcountrybehavioralmedicine.com/intake-forms/ and send to NCBM
Waitlist: A few weeks

Address: 8 Broad Street, Plattsburgh, NY 12901

Phone: 518-825-1555

Email: admin@ncbm.com

Website: <https://northcountrybehavioralmedicine.com/>

Office of People with Developmental Disabilities: The New York State Office for People With Developmental Disabilities (OPWDD) is responsible for coordinating services for New Yorkers with developmental disabilities, including intellectual disabilities, cerebral palsy, Down syndrome, autism spectrum disorders, Prader-Willi syndrome and other neurological impairments. It provides services directly and through a network of approximately 500 nonprofit service providing agencies, with about 80 percent of services provided by the private nonprofits and 20 percent provided by state-run services.

Services:

- Family Support Services
- Community Habilitation and Day Habilitation
- Care Coordination/ Care Management
- Respite
- Assistive Technology
- Employment Services
- Housing Options
- Behavioral Supports
- Clinic Services
- Residential Services
 - Pre-Admission Screening and Resident Review (PASRR)
 - For Preadmission Screening and Resident Review (PASRR) referrals from hospitals and nursing homes for people with known or suspected developmental disabilities, please contact the person's local OPWDD Regional Office to be connected to the local OPWDD PASRR Coordinator in your area to ensure placements in Residential Health Care Facilities are the most appropriate settings for their needs.

Steps: With the help of a Front Door Facilitator, you will be set up with a Care Coordinator that assists you in the necessary steps. After initial contact with calling OPWDD, and receiving a Front Door Welcome Packet, you are then able to continue the eligibility process for services through OPWDD.

***Crisis Services for Individuals with Developmental Disabilities (CSIDD): 315-274-3248 (Kellie Smutz-Regional Office**

Eligibility: After initial contact, OPWDD then determines eligibility through Care Manager (not from individual directly)

- Occurring from birth until 22, expected to continue indefinitely, and makes it very difficult to live everyday life independently
- Examples of eligible developmental disabilities: Intellectual Disability, Autism Spectrum Disorder, Cerebral Palsy, Epilepsy, Familial Dysautonomia, Prader-Willi Syndrome, and Neurological Impairment
- Citizenship is not a factor
- The Care Manager reviews the application and other supportive documentation (Psychological report, social or developmental history or psychosocial report, medical specialty report, documentation that developmental disability began before 22 years old, assessment of adaptive skills, and a diagnostic report)
 - Children might get granted provisional eligibility. This means that they might be approved for services, but must be re-evaluated for services before their 8th birthday
 - Individual will get approval or denial at this stage.

Referral: Initial Contact: Call OPWDD at 1-866-946-9733 and ask to be transferred to the local Front Door Office by stating county of residence. The operator will take down your basic information and then provide you with an overview of the Front Door Process and a Front Door Welcome Packet (information to understand OPWDD, supports, and what steps are needed)

Waitlist: Depends on the Front Door Process

Address: 44 Holland Ave, Albany, NY 12229

Phone: 1-866-946-9733

Email: info@opwdd.ny.gov

Website: <https://opwdd.ny.gov/>

OneWorkSource: Established under the Workforce Investment Act, OneWorkSource Centers bring employment and training services to one location, making it easier for job seekers to find gainful employment and for employers to find trained employees.

Services:

The one-stop centers' services include:

- Financial Aid Information
- Job Referrals
- Job Search Tools
- Resume and Cover Letter aid
- Access to a Resource Room
- Supportive Services
- Skills Training
- Youth Committee/Program: The North Country Workforce Development Board oversees programs that help at-risk youth, ages 16 to 24, plan, and achieve their educational goals and secure employment.
 - These programs assist eligible North Country youth who have dropped out of high school, are at risk of dropping out, or are transitioning from justice system camps and foster care facilities. All youth who qualify are eligible to receive:
 - Educational Services
 - Work Readiness Training
 - Work Preparation
 - Work-Based Opportunities, Youth Development Services
 - **Website:** <https://www.ncworkforce.com/youth-programs>
- Employer Services

The OneWorkSource Centers are required to meet the needs of job seekers (including people with disabilities), provide career development services for youth and adults and support to employers in recruiting, staffing and training a viable workforce. While services are coordinated centrally, they are delivered through a network of organizations ranging from community-based non-profits to governmental agencies to vocational schools and community colleges.

Address: 194 US Oval, Plattsburgh, NY 12903

Phone: 518-561-0430

Website: <https://www.ncworkforce.com/>

Planned Parenthood: Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education. With or without insurance, you can always come to us for your health care.

Sexual Assault Services (SAS) of the North Country New York offers counseling, education, and advocacy for survivors of sexual assault in Clinton County.

- Services
 - Abortion
 - Birth Control
 - Emergency Contraception (Morning-After Pill)
 - Gender Affirming Care
 - HIV Services
 - Pregnancy Testing and Planning
 - STD Testing and Treatment
 - Sexual and Reproductive Concerns
 - Wellness and Preventive Care
 - Support Groups
 - Sexual Assault Services (SAS): Sexual Assault Services (SAS) of Planned Parenthood of the North Country New York offers counseling, education and advocacy for survivors of sexual assault in Clinton, Essex and Franklin Counties. Whether the assault took place five minutes ago, or five years ago, SAS can provide hotline services, free and confidential counseling, support at the hospital or with law enforcement, information and referrals, and educational programs.
 - Hotline: 877-212-2323 / Services: 518-561-4515

Eligibility: Care no matter what
Referral: Call the main number or go onto the website. Walk ins are also available. Patients ages 18 and under that walk-in for an appointment will be seen the same day, up to the last 15 minutes of the day. Patients ages 19 and above that walk-in for an appointment will be seen the same day, up to 60 minutes before the end of the day
Waitlist: N/A; can normally get an appointment within a few days

Address: 66 Brinkerhoff Street, Plattsburgh, NY 12901

Phone: 518-561-4430

Website: <https://www.plannedparenthood.org/health-center/new-york/plattsburgh/12901/plattsburgh-clinic-3315-91210>

Ready4Real: Education programming powered by ETS: Ready4Real delivers

innovative and relevant curriculums to youth and adults to prepare them for real life.

Ready4Real teaches vital work readiness skills by instilling confidence in students. Through technical, professional, and life lessons, we help people prepare to succeed in their lives and careers. R4R serves our community by offering professional and skill-based training programs and workshops to instill confidence in individuals, to connect them with relevant resources to meet their goals, and to meet the needs of local employers.

Program Sessions:

1. You've Got Talent
2. Emotions and Connections
3. Energy
4. Time & Money
5. Goals
6. Your Word
7. Style with Substance
8. Digital Presence
9. Independence
10. Yourself, Relationships, and Community

Ready4Real's unique workshop series for high school students is designed to explore self-reflection, instill vital work-readiness skills, and build the confidence needed to move on to professional or advanced-academic lives.

Eligibility:
Referral: Can go through C-SPOA, DSS, School
Waitlist: Currently, there is a waitlist

Address: 186 US Oval, Plattsburgh, NY 12903

Phone: 518-562-4673

Email: ready4real@etsjobs.com

Website: <https://www.etsjobs.com/r4r/>

ReadyAdventure:

Ready4Adventure is an outdoor leadership initiative and branch of the Ready4Real program. The program aims to foster a deeper connection with community and nature, enhance environmental stewardship, build confidence in leadership skills, and promote physical, mental, and social well-being through experimental learning in outdoor settings. At the conclusion of the program series, students will be required to plan and execute their own community service project with an emphasis on environmental stewardship, either individually or as a small group.

Rural Law Center: The Rural Law Center is the only legal services program in New York State whose mission is to serve the legal needs of individuals and families living in the state's 44 rural counties.

Mediation: The goal of NCCRS is to assist individuals and communities in northern New York to resolve disputes in a peaceful, non-adversarial setting. While the majority of disputes referred to the Centers are directed to mediation, we also provide additional conflict resolution services such as arbitration, facilitation and conciliation. In addition to the provision of direct conflict resolution services, NCCRS offers a broad range of trainings to individuals and groups. This program is funded primarily by the New York State Unified Court System. As a result, nearly all of NCCRS services are free, although some more complicated matters involve a nominal fee.

Services Include:

- Family Mediation; Custody/Visitation and Communication
- Special Education
- Lemon Law Arbitration
- Attorney/Client Fee Dispute Arbitration
- Group Facilitation and Restorative Circles
- Conflict Management Workshops
- Conflict Resolution Training
- Elder and Caregiver Mediations
- Workplace Mediation
- School Based Attendance and Harm Reduction
- Landlord/Tenant Mediation
- Small and Large Claims

Eligibility: Anyone who lives in the 3-county region can contact our Centers directly or be referred to us by the courts or agencies. Parties in conflict that contact us directly, can participate in a private and confidential mediation session. Parties that are referred to us by the courts, often participate in mediation sessions on-site, at the courts.

Referral: Court or agency referral; online intake here: <https://rurallawcenter.org/online-intake/>

Waitlist: N/A

Address: 22 US Oval, Suite 101, Plattsburgh, NY 12903

Phone: 518-561-5460

Website: <https://rurallawcenter.org/mediation/>

Kinship Care: There are thousands of children in the rural areas of New York State being raised by relatives, many of whom are grandparents. Any relative, other than a parent, who is the primary caregiver is providing what is now known as Kinship Care. These arrangements may be either temporary or permanent and are established when the parents are unable or unwilling to care for a child due to illness, addiction, incarceration, violence, or mental health. This care model keeps children in a familiar and nurturing environment and prevents the need for the state to make a foster care placement. Grandparents and other relatives who assume care for these children often lack legal authority to make important decisions. It is important that these Kinship Caregivers consider filing for custody or a kinship placement in order to have the legal right to make decisions and access services for the children in their care. Because there is little or no access to legal assistance for low-income grandparents, most attempt to gain custody by entering the Family Court unrepresented and often they are unsuccessful. The Rural Law Center has entered into a model partnership with the statewide Kinship Navigator program that provides assistance with petition completion and court preparation.

Eligibility: Kinship Care family members
Referral: Online intake here: https://rurallawcenter.org/online-intake/
Waitlist: N/A

Address: 22 US Oval, Suite 101, Plattsburgh, NY 12903

Phone: 518-561-5460

Website: <https://rurallawcenter.org/kinship-care-program/>

St. Joseph's Community Outreach Center: At St. Joseph's, we work with other community organizations to provide resources for those in our community. You'll find support from a variety of agencies that are working to provide resources, programs, and support to those in need. Community partners include: Catholic Charities, JCEO, Americorps RSVP, CVES.

Services:

- Immigration Resource Coordinator: The Immigration Resource Coordinator (Diane Noiseux) provides case management through a coordination of services and referrals for Immigrants and Refugees in the North Country Region. These resources can also include a free immigration consultation with an attorney.
 - Contact: 518-420-7210
- Food Pantry: Our food pantry is a joint food pantry with JCEO. We are a food choice pantry which means that only one family is allowed in at a time. Our volunteers are on hand to provide assistance to families in selecting their food choices.
 - Contact: Schedule an appointment by calling 518-825-0742 / 518-563-6301 ext. 6
 - Soup Kitchen: We serve a delicious home-cooked community meal every Thursday from 4pm-5pm (or until we run out of meals). Our volunteers direct traffic flow as vehicles start lining up around 3pm. We serve approximately 250-300 meals each week to surrounding communities in the North Country.
 - Currently take out only. Thursday's from 4:00pm-4:30pm.
- Thrift Store: New and gently used clothing is available for infants, children, young adults, and adults. We accept clothing donations during our hours of operation. We do not accept donations or offer donations of household goods - as we only offer clothing and accessories in our thrift store.
 - Mondays, Wednesdays, and Thursdays from 10am-2:00pm. If an emergency need for clothing arises when the store is not open, please call 518-563-6301 to identify the need and schedule an appointment.

Address: 1349 Military Tpke, Plattsburgh, NY 12901

Phone: 518-563-6301

Website: <https://www.sjoutreach.org/>

Upcoming Events: <https://www.sjoutreach.org/>

SUNY Plattsburgh: SUNY Plattsburgh provides outstanding liberal arts and pre-professional programs along with a college experience that prepares students for their professional and civic futures. We recognize our unique location and commitment to social and environmental responsibility as integral to our identity. We maintain a nurturing, accessible campus climate for a diverse student body where each student is valued and supported in the pursuit of their educational goals.

Center for Neurobehavioral Health: The mission of the Center for Neurobehavioral Health is to provide comprehensive services of the highest quality to people in our community and the greater North Country region whose lives have been affected by neurologically based disorders. We provide diagnostic assessments, individualized care, support, and services to persons living with physical, neurocognitive, and developmental disabilities in a culturally sensitive environment, and provide optimal support to their caregivers and families so they may enjoy quality of life and remain living in their communities with some level of independence. We provide an opportunity for interdisciplinary faculty research to increase knowledge about neurological disorders and provide opportunities for experiential learning and research for undergraduate and graduate students for the purpose of training the next generation of professionals.

Eligibility: Anyone affected by neurologically based disorders
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Address: 101 Broad Street, Plattsburgh, NY 12901

Phone: Amy Hackett P: 518-564-3388

Email: ncpsclinic@plattsburgh.edu

Website: <https://www.plattsburgh.edu/about/centers/cnbh/index.html>

Neuropsychology Clinic & Psychoeducational Services: Our clinic serves as a training site for School Psychology interns and graduate students who work under the supervision of professional staff for the completion of select neuropsychological and psychoeducational evaluations. Referrals to the clinic include cognitive and behavioral problems associated with concussion, acquired brain injury (e.g. TBI) as well as problems related to aging or disease. Children with developmental concerns associated with presumed central nervous system dysfunction or brain damage are referred for evaluation. Children suspected of having autism spectrum disorder are also evaluated by clinical staff trained in the assessment, diagnosis and treatment of the disorder. The clinical team works with school districts, community agencies and health care providers to promote the overall well-being of the children and adults evaluated at the clinic.

Address: 529 Sibley Hall on the SUNY College at Plattsburgh campus at 113 Rugar Street

Phone: Amy Hackett P: 518-564-3388

Email: ncpsclinic@plattsburgh.edu

Website: <https://www.plattsburgh.edu/about/centers/cnbh/ncps.html>

Nexus: A Social Competence Program for Children with Autism Spectrum

Disorders: The Nexus Program is a social skills training program that teaches and reinforces social skills in children. Our program is designed for children with significant social needs characteristic of those diagnosed with autism spectrum disorders. The specific goals of the Nexus program are to provide an environment for children to socialize, to foster participant's relationships with other children in the program, and to develop social skills that will allow participants to more fully participate in home, school, and community settings.

Eligibility: Children between the ages of 5 to 16 years who have been diagnosed with autism spectrum disorders are eligible to participate in the Nexus Program. The Nexus Program serves up to 25 children at any given time. The child must have OPWDD eligibility to enroll.

Referral: Call the number/ email Dr. Laci Charette, information above

Waitlist: N/A unless all slots are full (program meets during a college semester timeline)
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Address: 101 Broad Street, Plattsburgh, NY 12901

Phone: Dr. Laci Charette: 518-564-3385

Email: charetm@plattsburgh.edu

Website: <https://www.plattsburgh.edu/about/centers/cnbh/aip/index.html>

Speech and Hearing Clinic: Operated by the Department of Communication Sciences and Disorders, the Speech and Hearing Center serves as an academic facility for student clinicians and provides services to individuals with communication disorders and hearing loss. This state-of-the-art facility is staffed by licensed and certified speech-language pathologists and audiologist who supervise student clinicians during evaluation and treatment of individuals with communication disorders. The center provides a full range of evaluation and treatment services for infants, children and adults with: Speech disorders; Voice disorders; Stuttering; Aphasia; Delayed language; Hearing loss/deafness; Learning disabilities related to communication; Auditory and language processing disorders; English as a second language; TBI; Comprehensive hearing evaluation; Hearing aid evaluation, fitting, and dispensing; Aural rehabilitation

Eligibility: Any individual that has a communication disorder(s) and/or hearing loss
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Referral: Individuals may contact the center themselves or may be referred by persons such as physicians, parents, teachers, social workers, psychologists, or other community professionals. An initial appointment may be arranged by making a telephone call to the center at 518-564-2170 or by visiting the center in person. Individuals are seen by appointment only, although inquiries are welcome at any time

Address: 224 Sibley Hall on the SUNY Plattsburgh campus at 113 Rugar Street

Phone: 518-564-2170

Email: Ashley.gambino@plattsburgh.edu

Website: <https://www.plattsburgh.edu/academics/schools/ehhs/communication-sciences-disorders/speech-and-hearing-center.html>

Traumatic Brain Injury Center: The Traumatic Brain Injury Center provides services to individuals who have acquired a traumatic brain injury, as well as to their families. The TBI Center provides seamless transitions between medical treatment and school/home support in the form of information, counseling, support groups and advocacy. It also provides technical assistance and education to families, schools and community agencies.

The focus of the program is to develop and enhance functional independent living skills by promoting community involvement, building relationships, developing problem solving skills, expanding time management skills and encouraging flexibility in daily schedules. Daily activities at the TBI Center take place at the program site and within the local community.

Eligibility: TBI
Referral: Call the number above

Address: 101 Broad Street, Plattsburgh, NY 12901

Phone: 518-564-3367

Email: ndrow01@plattsburgh.edu

Website: <https://www.plattsburgh.edu/about/centers/cnbh/tbi.html>

Ward Hall Counseling Clinic: The Ward Hall Counseling Clinic is operated through the Department of Counselor Education at SUNY Plattsburgh, with purposes of education, service and research. The clinic's service goal is to provide high-quality individual and group counseling, prevention outreach, and consultation to individuals and agencies.

Services:

- Individual and group counseling for children, adolescents, and adults
- General assessment and testing
- Play therapy for children
- Referral assistance in finding appropriate services for identified problems
- Consultation with community agencies and schools
- Psycho-educational and support groups

Eligibility: Any individual seeking counseling services
Referral: If you are a physician, school counselor, psychologist or a professional in some other community agency, you may refer a client by phone or letter. Once an appointment has been arranged, an initial interview will take place
Waitlist: The clinic office is open on a variable schedule, Monday through Friday, when the college is in session. Inquiries and appointments can be made at these times. A 24-hour recorded answering system allows persons to leave messages at any time. Prospective clients should note that the services are not available during college vacation periods

Address: 107G Ward Hall on the SUNY Plattsburgh campus at 113 Rugar Street

Phone: 518-564-4180

Email: turc9866@plattsburgh.edu

Website: <https://www.plattsburgh.edu/academics/schools/ehhs/counselor-education/clinic.html>

Ted K. Center: The Ted K. Center provides educational, social and recreational services to youth and families residing in the Plattsburgh Housing Authority developments. Center staff provide daily activities focused on the core areas of creativity, physical fitness, homework completion, computer learning, nutrition education and general recreation.

Services:

Current programs include

- An Early Childhood, After-School and Summer program
- State-of-the-art computer lab, which is networked, and internet connected,
- Art department
- Playground and outdoor play area

Eligibility: Individuals housed in PHA housing units
For the Preschool program in AM: Children ages 3, 4, and 5
For the Afterschool program in PM: Children have to be in K, K-10th and 11th grade
Referral: There is a form located at the address above that parents can fill out and return
Waitlist: N/A

Address: 8 Tyrell Avenue, Plattsburgh, NY 12901

Phone: Tom Neale (Educational Coordinator) 518-561-7690 Ext. 109

Website: <https://www.cityofplattsburgh-ny.gov/departments/police-department/services-programs/ted-k-center>

United Way: United Way of the Adirondack Region, Inc. is a voluntary fund-raising and human service organization that was started in 1949. With offices in Elizabethtown, Malone, and Plattsburgh we serve Clinton, Essex, and Franklin Counties. United Way and its volunteer Board of Directors has worked to unite a cross-section of volunteers and agencies, both public and private, in a community-wide effort to deliver needed health and human service programs.

Services:

Call 2-1-1 for free and confidential community referrals that connect callers with resources providing food, shelter, rent assistance, clothing, childcare options and other types of community assistance. Trained referral specialists are multi-lingual and available to help individuals find the help they need with

- Housing
- Employment
- Basic Needs
- Mental Health/ Crisis/ Substance Use
- Disability Services
- Children and Families
- Transportation
- Legal Services
- Health Care

Address: 45 Tom Miller Road, Plattsburgh, NY 12901

Phone: 518-563-0028

Website: <https://www.unitedway.org/our-impact/>

University of Vermont Health Network: Champlain Valley Physicians Hospital (CVPH) Child and Adolescent Mental Health Unit:

Our Child & Adolescent Inpatient Psychiatry unit has 12 beds, all in private rooms with shared bathrooms. Our program is designed to help children and adolescents ages 6-18 who are having a crisis severe enough to impact their safety and/or the safety of others. We offer a wide variety of group programming that focuses on coping skills, anger management, self-esteem and recognizing alternative ways to deal with feelings and emotions. We also use cognitive behavioral therapy (CBT) and dialectical behavioral therapy (DBT). CVPH contracts with Champlain Valley Educational Services (CVES) to provide a full-time teacher on-site to ensure patients have the right support to maintain and continue their academic studies. This service directly coordinates with the patient's school for consistency and individual needs. The process is as follows: Assessment: Identifying why hospitalization is required; Stabilization: Reducing symptoms; Discharge Planning: Developing a plan to transition out of the hospital.

Eligibility: Youth ages 6-18, deemed eligible during admission process
Referral: If a child is brought to CVPH and deemed eligible, the hospital will aid in the next steps for admission
Waitlist: N/A; if there are no beds available, CVPH can do a referral to places such as Four Winds

Address: 75 Beekman Street, Plattsburgh, NY 12901

Phone: 518-562-7458

Website: <https://www.cvph.org/Departments-and-Programs/Psychiatry/Child-and-Adolescent-Inpatient-Psychiatry>

Youth Advocacy Program (YAP): A national nonprofit advocating for and delivering evidence-based services in homes and communities as a more effective and equitable alternative to youth incarceration and group child welfare, behavioral health, and intellectual disabilities placements.

YAPWRAP: Wraparound is an intensive, individualized, holistic care planning and management approach to working with high and complex need youth and families from within their homes and communities. It is deeply rooted in the in the core concepts of wraparound. From the moment we first meet a family through their completion of our programs, families are given “voice and choice”- empowered as equal partners- and services are tailored to their unique needs, strengths, interests and preferences. Wraparound principles also emphasize the importance of individualized, culturally responsive and strength-based services that engage natural supports and occur within the community. YAP’s planning process has three components: assessment, a family team meeting, and plan development.

During assessment, we introduce ourselves and the program, and learn more about the family through discussion and by using 4 assessment tools. We also spend time identifying and addressing any immediate safety concerns. Our assessment process empowers youth and families to express their needs, to identify what resources and capacities they have that can assist them, and to identify where there are gaps and how, in fact, we can help them to help themselves. We also reach out to other important stakeholders in the family’s life to learn their perspective on the family’s need and strengths.

Upon completion of the assessment process, we build a team with the family that will help them develop their plan and support them in achieving their goals. The team includes both formal supports, such as system and service representatives, as well as informal supports, such as extended family, friends, coaches, pastors, etc. We meet with each team member to learn their perspective on the family’s strengths and needs and how they can help. Everyone on the team has a role to play.

After meeting with the family team members, we develop an individualized service plan that is shared with all team members and becomes the basis of our work with the family. The plan is frequently reviewed and revised to assess progress and also to include any needs. We also develop a thorough safety plan during this time.

Address: 43 Clinton Street, Plattsburgh, NY 12901

Phone: 518-561-6798

Website: <https://www.yapinc.org/What-We-Do/Direct-Services>

Behavioral Health Services: YAP provides culturally responsive community-based services as an alternative to out-of-home behavioral health care. YAP contracts with mental health systems, managed care organizations and private insurers to provide both fee-for-service and case rate Medicaid reimbursed services. Among YAP's behavioral and mental health services are programs that specialize in working with individuals with autism spectrum disorders, cross-system (justice and child welfare program) youth, and individuals who have experienced trauma.

Services:

- **Outpatient Services:** Services in our outpatient setting provide the full array of behavioral health services mentioned above with the addition of licensed psychologists and psychiatrists. Psychological and Psychiatric evaluations are conducted and detailed assessments completed. Psychiatric services also include medication management when needed.
- **In-Home and School-Based Services:** We provide intensive individualized service to children in their homes, school and community through our Behavioral Health Services. Though each youth's plan is different, YAP works to build upon the existing strengths of the child and family; develop the young person and family's skills in self-managing areas of need; and connect the family to professional and informal resources in their community that provide support beyond program involvement as needed and desired by the family.
- **Intensive Outpatient Programs (IOP)/Day Treatment:** IOP services are different from residential inpatient rehab programs and partial hospitalization programs in that treatment is generally part-time. However, the intensive outpatient program is far more comprehensive than traditional outpatient programs that only consist of a few therapy sessions. The IOP consists of numerous weekly therapy sessions at YAP's outpatient facility with experienced counselors (trained in addictions, eating disorders, etc.). These types of programs can be voluntary or imposed by a court.
- **YES Waiver (Youth Empowerment Services):** The YES Waiver is a Medicaid Home and Community-Based Services Waiver that allows intensive community-based services to assist children and adolescents with severe emotional disturbances to live in the community with their families. Services include Adaptive Aids and Supports, Community Living Supports, Family Supports, Minor Home Modifications, Respite, Transportation, Paraprofessional Services, Specialized Therapies and Transitional Services.

Address: 43 Clinton Street, Plattsburgh, NY 12901

Phone: 518-561-6798

Website: <https://www.yapinc.org/Our-Services/Behavioral-Health>

Child Welfare: YAP delivers individualized direct services to families involved in the child welfare system that focus on safety, permanency and well-being. We build on strengths, help to overcome challenges and navigate complicated systems, and most importantly, develop positive connections within the family and between them and the community that are critical for long-term success.



- **Improving Families:** Youth Advocate Programs, Inc. (YAP) provides intensive services to the highest need families involved with or at risk of becoming involved with Child Protective Services through our Improving Families Program. The program is an in-home, in-community service that strengthens the ability of parents to safely care for their child(ren) by using the “teachable moments” approach. YAP staff assist parent(s) in the day-to-day activities of the home to find natural opportunities to model and offer coaching on healthy parenting and household management strategies. The Improving Families Program reduces the risk of out of home placement, evidenced by a reduction in the number and severity of child protective reports. It also effectively prepares parents for the early return of their child(ren) from foster care or residential settings.
- **Reunification Program:** Youth Advocate Programs, Inc. (YAP) provides intensive services to safely reunify families who have children in residential or other placement outside of their home. An extensive assessment is provided in collaboration with the placement facility/location, the local social service department, the family, community partners and local law enforcement. The proactive planning includes:
 - Detailed safety plans
 - Supervision schedules
 - Securing educational services
 - Exploration of employment and vocational options as appropriate
 - Referrals to appropriate services such as mental health and substance abuse
 - Extensive work with family, youth and referring authority to find a viable discharge option if there is no current option

Once the plan is approved by the family and the local Department of Social Services (LDSS), a discharge date is established for the youth. Upon discharge, the plan is implemented and intensive family and community work begins.

- **Family Identification and Permanency Solutions:** Youth Advocate Programs' (YAP) Family Identification and Permanency Solutions (FIPS) services are designed to identify and engage permanency options for youth who are lingering in out of home care who have no identified viable discharge options. Incorporating elements of the National Institute for Permanent Family Connectedness' Family Finding model, YAP staff employ our hallmark never give up approach to identify a resource for each youth, whether it is a long lost family member or a person that shows interest in the youth and would be willing to become a resource – otherwise known as “fictive kin.”
- **Substance Use Recovery:** YAP provides intensive, family-focused interventions designed to support the safety and well-being of children whose parental substance use presents a significant risk of harm through in home and community services.
 - Prevention of Placement: YAP services work with parents whose children are at risk of placement due to their substance use to eliminate or reduce their risks while positively connecting the parent with peer supports in the community.
 - Reunification from Placement: YAP services work with parents to prepare for successful reunification from placement to the home, and remain within the home as a support during the transition period to help prevent relapse and promote healthy attachment and relationships.
 - Family Finding: YAP engages in family finding as short and long-term solutions for children whose parental substance use may require removal from the home while also working to safely preserve family attachments and promote parental recovery.
- **Transition Age Youth:** YAP views transition age youth as “at promise,” or full of untapped potential that needs to be cultivated, supported and enabled through purposeful efforts to create opportunities, meet needs, and to develop meaningful, relevant skills and supports. YAP uses frameworks from the Harvard University's Center for the Developing Child and the Full Frame Initiative's interconnected domains of well-being in conjunction with our core model which includes elements of wraparound planning, case management, mentoring and positive youth development.

Address: 43 Clinton Street, Plattsburgh, NY 12901

Phone: 518-561-6798

Website: <https://www.yapinc.org/Our-Services/Child-Welfare>

Intellectual and Developmental Disabilities: Since 1997, YAP has been working with children and adults with developmental disabilities and autism spectrum disorders. We have worked with self-advocates and their families, as well as experts from various professional backgrounds, to develop a model for working with individuals with developmental disabilities and spectrum disorders that focuses on the importance of relationships, meaningful decision-making, self-determination and inclusion.

Ages 0-3: YAP offers services to infants and toddlers who have special needs due to developmental delays or disabilities. Services engage the child's family to strengthen their ability to support the child's resilience and development through training, coaching, modeling and consultation within the home and community.

Individuals Dually Diagnosed with Mental Health Diagnosis: YAP provides home and community support to individuals who are dually diagnosed with developmental disabilities and mental health diagnoses. Direct support to caregivers is available through planned short-term relief. These respite services are provided to both children and adults in their homes and communities

Developmental Disabilities: YAP provides community-based services to enhance the health and welfare of children and adults with developmental disabilities, such as physical disabilities, intellectual disabilities or those with traumatic brain injury. Caring and supportive staff assist individuals in acquiring, maintaining and improving self-help, domestic, socialization, employment and adaptive skills. YAP also provides supportive services to parents with intellectual disabilities to help them raise their children with confidence

Autism Spectrum: YAP specializes in serving children, youth and adults diagnosed with autism spectrum disorders, providing them with individualized supports and skill development to promote their inclusion in typical community settings. Additional services include respite, training, and individualized consultation for caregivers. Training and consultation in a variety of formats, from webinars and live workshops to conference calls, is also available to other community stakeholders.

Address: 43 Clinton Street, Plattsburgh, NY 12901

Phone: 518-561-6798

Website: <https://www.yapinc.org/Our-Services/Intellectual-and-Developmental-Disabilities>

Youth and Young Adult Justice: Our model is recognized by the National Institute of Justice and the Office of Juvenile Justice and Delinquency Prevention (OJJDP) as "Promising." YAP proves that high-risk youth involved in the juvenile justice system can be safely and effectively served in home and community-based settings at a fraction of the cost of out-of-home placements.

Address: 43 Clinton Street, Plattsburgh, NY 12901

Phone: 518-561-6798

Website: <https://www.yapinc.org/Our-Services/Youth-and-Young-Adult-Justice>

Innovation: YAP often adds interventions to our core services to better meet the needs of young people and families served. For example, we might include evidence-based interventions such as Trauma-Focused Cognitive Behavioral Therapy when we work with young people with trauma histories; or we may use Peaceful Alternatives to Tough Situations with justice-involved youth; or Strengthening Families to support parents in the child welfare system. We decide which interventions to add to our programming in partnership with the local community stakeholders.

Address: 43 Clinton Street, Plattsburgh, NY 12901

Phone: 518-561-6798

Website: <https://www.yapinc.org/Our-Services/Innovation>

YMCA: The first location of the Plattsburgh YMCA was the top floor of the D&H terminal starting in 1887. The next location was above Tierney's Variety Store which burned down in 1902. In 1908, Loyal Smith left the YMCA \$35,000 for a new building and \$100,000 to keep it running, which is where the Plattsburgh YMCA is currently located on Oak Street.

Services:

- Child Care:
 - Babysitting
 - Childcare while parent/guardian is using Y facilities
 - Bright Beginnings
 - Full time daycare
 - Y Time
 - Before and after school
- Aquatic Instruction:
 - Our aquatic program at the Plattsburgh YMCA is dedicated to doing more than simply teaching children or adults swimming skills. Our passionate instruction instills a sense of self-confidence, a desire to overcome challenges, and a love for swimming and fitness. It's important to assess your child's skill level before signing up for swim lessons. When children start at the correct level, they have a chance to learn with their peers and avoid unnecessary frustration. Swimming should always be fun and safe, and we have groups for all different ages and skill types.
- Safety Around Water Program (SAW):
 - Drowning prevention
- Sports:
 - Basketball
 - Indoor Soccer
 - Baseball
 - Fall Soccer
 - Basketball
- Summer Camp:
 - Camp Jericho (Ages 5-13)
 - Tapawingo (Ages 5-13)
- Birthday Parties

Address: 17 Oak Street, Plattsburgh, NY 12901

Phone: 518-561-4290

Email: info@plattsburghymca.org

Website: <https://plattsburghymca.org/>

Children's Activity Services Directory: Clinton County

❖ Girl Scouts

- Scout Leader:
- Contact:

❖ Boy Scouts

- Scout Leader: Dan Harriman
- Contact: 518-726-6000

❖ Plattsburgh Public Library

- 19 Oak Street, Plattsburgh, NY 12901
- Contact: P: 518-563-0921

❖ Feinberg Library

- 101 Broad Street, Plattsburgh, NY 12901
- 518-564-5182

❖ Chazy Public Library

- 1329 Fiske Rd, Chazy, NY 12921
- 518-846-7676

❖ Keeseville Free Library

- 1721 Front Street, Keeseville, NY 12944
- 518-834-9054

❖ Peru Public Library

- 3024 Main Street, Peru, NY 12979
- 518-643-8618

❖ Dannemora Free Library

- 40 Emmons Street, Dannemora, NY 12929
- 518-492-7005

❖ Champlain Memorial Library

- 148 Elm Street, Champlain, NY 12919
- 518-298-8620

❖ *There are other libraries.

Children's Medical Services Directory: Clinton County

❖ CVPH: 518-561-2000

- Address: 75 Beekman Street, Plattsburgh, NY 12901
- [UVM Health Network - CVPH - Kids Health](#)
- [UVM Health Network - CVPH - Primary Care](#)

❖ Hudson Headwaters Health Network: 518-824-2563

- Address: 87 Plaza Blvd, Plattsburgh, NY 12901
- [Plattsburgh Family Health: Quality Primary Care for Patients of All Ages](#)

❖ InHealth Family Medicine: 518-562-2369

- Address: 96 Court Street, Plattsburgh, NY 12901
- Website

❖ Jonathan N. Flyer, MD, Pediatric Cardiologist: 518-563-2404

- Address: 75 Beekman Street, Plattsburgh, NY 12901
- [Jonathan Flyer, MD | The University of Vermont Health Network \(uvmhealth.org\)](#)

❖ Lake City Primary Care: 518-561-8256

- Address: 16 DeGrandpre Way, Suite 300, Plattsburgh, NY 12901
- [Lake City Primary Care](#)

❖ Mountain View Pediatrics: 518-324-2040

- Address: 18 Feathers Drive, Plattsburgh, NY 12901
- <https://mvpdiagnostics.com/>

❖ Plattsburgh Primary Care Pediatrics: 518-562-0151

- Address: 159 Margaret Street, Suite 103, Plattsburgh, NY 12901
- [* Plattsburgh Primary Care Pediatrics | PCHP \(pchpmd.com\)](#)

Clinton County Children's Care Management Agencies:

I) Behavioral Health Services North, BHSN

- a. BHSN's Care Management Program consists of Health Home Care Management for Medicaid clients, as well as Non-Medicaid Care Coordination services. We work with youth between the ages of 5 and 21, who have a qualifying mental health diagnosis or other chronic condition that affects their daily functioning. Youth that are referred to our program typically struggle with things such as aggression, depression, anxiety, conduct issues, self-harming, etc. Families that access services are often experiencing stress and crisis within the home, school or community setting.
- b. The length of stay within the program is intended to be around 12 months.
- c. The goal of the program is to meet the needs of the youth by developing a team of supports around the family. The team comes together to help the family reach their identified goal.
- d. Eligibility: Client needs to have Medicaid coverage, a SED diagnosis with functional limitations and meet at least one risk factor/appropriateness criteria.
- e. Referral: Fill out CHHUNY referral form, utilize C-SPOA, or use the BHSN specific referral form.
- f. Website: <https://bhsn.org/care-management-services/>

II) Champlain Valley Family Center, CVFC

- a. A Health Home is a care management service that connects community and social supports with health care, and organization of medical and behavioral health care. It is a partnership of primary care providers, hospitals, behavioral health organizations and community-based organizations. Care Managers provide a single contact for healthcare and community service needs for a specific population (NYS Medicaid or Medicaid eligible recipients who meet certain criteria, such as having two chronic medical conditions) in order to improve care coordination. It is the hope that all of the caregivers involved with an individual communicate with each other with an eye toward a better focus on their mutual client's varied needs.
- b. Eligibility: Client needs to have Medicaid coverage and at least two chronic conditions (Mental Health, SED, Substance Use, Asthma, Diabetes, Heart Disease, BMI at or above 85th percentile, HIV/AIDS, Complex Trauma).
- c. Referral: Fill out AHI referral form and submit to HealthHome@ahihealth.org, utilize C-SPOA, or use the CVFC specific referral form.
- d. Website: cvfamilycenter.org

III) Families First

- a. Provides a care manager to work with the child and family to oversee the entire range of a child's health needs. The care manager will partner with the family to develop a plan of care and coordinate with all other providers to ensure that a child remains healthy.
- b. Eligibility: Behavioral Health Diagnosis or Other Chronic Health Condition; Medicaid.
- c. Referral: Fill out Permission to Contact Form from blue packet and send to Deb Mitchell via email. She will then reach out to the family and then back to referrer to provide updates.
 - i. Deb Mitchell P: 518-802-8714 / E: dmitchell@familiesfirstsex.org

- d. Waitlist: Admissions typically happen at the beginning of the month, and discharge at the end of the month.
- e. Website: [Programs & Services : What We Do : Families First In Essex County](#)

IV) **Community Connections**

- a. A Health Home is not a place, it is a Medicaid service that can help support the child/youth and their family. A Health Home Care Manager works as a team with the child/youth, their family, and service providers to help a child/youth receive the care and services they need to stay healthy.
- b. Eligibility: Current Medicaid; chronic health, medical, and/or mental health conditions which need a doctor's care.
- c. Referral: Fill out AHI referral form and submit it to HealthHome@ahi.health.org, or utilize C-SPOA.
- d. Website: [Home | Community Connections of Franklin County Malone, NY](#)

V) **Northern Rivers/Parsons**

- a. In order to help children, adults, and families get the most out of a complex healthcare system, Northern Rivers provides comprehensive Care Management services to Medicaid participants enrolled a Health Home. Care Management ensures that every client has both "voice and choice" when navigating the complex behavioral and physical healthcare system.
- b. Each client receives personalized planning, community support and services coordination designed to improve health and overall wellbeing. These services are free, voluntary, and specially designed to assist and provide support to children, adults, and families managing chronic and/or acute medical and behavioral health concerns.
- c. Eligibility: Behavioral Health Diagnosis or Other Chronic Health Condition; Medicaid
- d. Referral: Fill out AHI referral form and submit to HealthHome@ahihealth.org, or utilize C-SPOA
- e. Website [Home Health Care Management - Northern Rivers](#)

Short Term Care Management Option:

I) **Mobile Integration Team, MIT**

- a. Short Term Care Management services for youth without Medicaid insurance.

Trauma Therapists in Clinton County

- **Casey Caron**, Clinton County Mental Health and Addiction Services 518-565-4060.
- **Elisa Castillo**, Clinton County Mental Health and Addiction Services 518-565-4060.
- **Hillary Southwick**, who owns a private practice in Champlain, NY 315-203-5545.
- **Dove Phillips**, who also owns a private practice 518-637-3926. Dove is also a registered art therapist
- **Chelsea Poland** through the CAC*

Children's Schools: Clinton County

Public Schools:

<u>District Name</u>	<u>Central Office</u>	<u>Grades Serve</u>	<u>School Count</u>	<u>Number</u>
Ausable Valley	Clintonville	K-12	4	518-834-2845
Beekmantown	West Chazy	PK-12	4	518-563-8250
Chazy	Chazy	K-12	2	518-846-7135
Northeastern Clinton	Champlain	K-12, UE	4	518-298-8242
Northern ADK	Ellenburg Depot	K-12	2	518-594-7060
Peru	Peru	K-12, UE, US	4	518-643-6000
Plattsburgh	Plattsburgh	PK-12	5	518-957-6002
Saranac	Dannemora	K-12	6	518-565-5600

Ausable Valley:

- Ausable Forks Elementary School
- Ausable Valley High School
- Ausable Valley Middle School
- Keeseville Elementary School

Beekmantown:

- Beekmantown Elementary School
- Beekmantown High School
- Beekmantown Middle School
- Cumberland Head Elementary School

Chazy:

- Chazy Central Rural Elementary School
- Chazy Central Rural Junior-Senior High School

Northeastern Clinton:

- Mooers Elementary School
- Northeastern Clinton Middle School
- Northeastern Clinton Senior High School
- Rouses Point Elementary School

Northern ADK:

- Northern ADK Elementary School
- Northern ADK Junior-Senior High School

Peru:

- Peru Intermediate School
- Peru Middle School
- Peru Senior High School
- Primary Building School

Plattsburgh:

- Arthur P. Momot Elementary School
- Bailey Avenue Elementary School
- Oak Street Elementary School
- Plattsburgh High School
- Stafford Middle School

Saranac:

- Cadyville Elementary School
- Dannemora Elementary School
- Morrisonville Elementary School
- Saranac Elementary School
- Saranac High School
- Saranac Middle School

Children's Schools: Clinton County

Private Schools:

<u>School Name</u>	<u>Central Office</u>	<u>Serve</u>	<u>Count (students)</u>	<u>Number</u>
CVES	Plattsburgh			518-561-0100
Seton Catholic	Plattsburgh	PK-12	242	518-561-4031
Holy Name Elementary School	Au Sable Forks	NS-6	73	518-647-8444
Lakeshore Christian School	Plattsburgh	K-12	20	518-563-4098
New Life Christian Academy	Plattsburgh	6-12	11	518-563-2842
St. Johns Academy	Plattsburgh	PK-6	161	518-563-6330
St. Mary's Academy	Champlain	PK-6	96	518-298-3372

Children's Daycare Services: Clinton County

*Some examples from Plattsburgh, Chazy, and Champlain

Name	Address	Contact
Little Saints Preschool Wendy Briggs	23 Elm Street, Suite 200, Plattsburgh, NY 12901	518-563-5651
Ruth Baker, Ruthie's Place	Pike Street, Plattsburgh, NY 12901	518-563-2292
Brittney Doyle	Montcalm Ave, Plattsburgh, NY	518-310-3018
JCEO Beekman Head Start Bridget Trombley	127 Beekman Street, United Methodist Church, Plattsburgh, NY 12901	518-561-6310
Jenny Scully, Sharing and Caring Day Care	Olivetti Place, Plattsburgh, NY 12901	518-310-0699
Sue Gowett	Johnson Ave, Plattsburgh, NY 12901	518-572-8032
North Country Kids Amanda Jackson	13 New York Road, Plattsburgh, NY 12901	518-561-3803
SUNY Plattsburgh Child Care Center Sally Girard	110 Rugar Street, Sibley Hall, Plattsburgh, NY 12901	518-564-2274
Kimberly Norcross	60 Johnson Ave, Plattsburgh, NY 12901	518-562-0572
JCEO Plattsburgh City South Head Start Kayla Millett	4917 South Catherine Street, Plattsburgh, NY 12901	518-561-6310
YMCA Bright Beginnings Lynne Boyd	62 Northern Ave, Plattsburgh, NY 12903	518-562-1174
Chazy After School Program	609 Miner Farm Road, Chazy, NY 12921	518-420-5362
Champlain Children's Learning Center, Inc. Rebecca Fillion	10 Clinton Street, Rouses Point, NY 12979	518-297-2019 x 0
Debbie Hicks	Maple Street, Champlain, NY 12919	518-298-5714
Jennifer Shoram	Cedar Street, Champlain, NY 12919	518-578-3088
JCEO Head Start Champlain	4919 State Route 11, Three Steeples Church, Champlain, NY 12919	518-298-8547

Referrals: [Child Care Referrals For Parents & Caregivers \(ccccnc.org\)](http://ccccnc.org)

Family Court Judges: Clinton County

Name	Contact
Keith Bruno	518-536-3820
Amy Asadorian	518-536-3820

Law Enforcement: Clinton County

Name	Address	Contact Info
Clinton County Sheriff's Department	25 McCarthy Drive, Plattsburgh, NY 12901	518-565-4300
Plattsburgh City Police Department	45 Pine Street, Plattsburgh, NY 12901	518-563-3411
SUNY PD	101 Broad Street, Plattsburgh, NY 12901	518-564-4027
NYSP Troop B Zone 1 (Plattsburgh)	9 Dunning Way, Plattsburgh, NY 12901	518-563-3761
NYSP Troop B Zone 1 (Chazy)	U.S. 9, Chazy, NY 12921	518-846-7700
NYSP Troop B Zone 1 (Dannemora)	40 Emmons Street, Saranac, NY 12981	518-563-3761
NYSP Troop B Zone 1 (Ellenburg)	16 Emmons Street, Saranac, NY 12981	518-563-3761
NYSP Troop B Zone 1 (Keeseville)	58 Liberty Street, Keeseville, NY 12944	518-563-3761
Rouses Point Village Police Department	139 Lake Street, Rouses Point, NY 12979	518-297-7231

Lactation Specialists/Consultants: Clinton County

Name	Agency	Contact
Christy Bezrutczyk	Mountain View Pediatrics	518-324-2040
Hailey McLaughlin	Mountain View Pediatrics	518-324-2040
Jessica Helmer	Mountain View Pediatrics	518-324-2040
Ashleigh Gaudette	Mountain View Pediatrics	518-324-2040
CVPH Lactation Program	CVPH	518-562-7142
Lactation Resources VT, Inc		802-898-6181

Clinton County Chest/Breastfeeding Resources for Families

Call your pediatrician's office first if experiencing difficulties!

Trusted Websites

Stanford School of Medicine
<http://bit.ly/3jselTc>

Chest/Breast Pump Vendors:

Edgepark Medical
www.EdgePark.com

Aeroflow Breast Pumps
www.AeroFlowBreastPumps.com


Kelly Mom Chest/Breastfeeding
www.KellyMom.com

LLL International
www.llli.org

First Droplets
www.FirstDroplets.com

Chest/Breast Pump Videos
Health.ClintonCountyNY.gov

Medication and Lactation
www.MommyMeds.com



Scan for clickable links

Trusted Groups

La Leche League
194 U.S. Oval, Plattsburgh
1st Monday each month
from 7pm-9pm
www.facebook.com/LLLPlattsburgh

La Leche League Leaders
Susan: 518-593-8752
Melissa: 518-570-1446

Nature's Way Baby Café®
194 U.S. Oval, Plattsburgh
2nd & 4th Thursday each month
from 10am-12pm
518-562-7142

Home Visiting

Healthy Families NY
www.bhsn.org
518-563-8000 x2184

Clinton County Health Department's Family Health Home Visiting Program
Health.ClintonCountyNY.gov
518-565-4848

Clinic Setting

WIC
Health.ClintonCountyNY.gov
518-565-4830

UVMHN-CVPH
www.cvph.org

Newborn Nursery
518-562-7770

Lactation Clinic & Classes
518-562-7142 (days)

Visit WICHelpNY.org to "Chat with Wanda" to see if you qualify for WIC.

03/2024

CCHD
Clinton County **HEALTH** Department
health@clintoncountyny.gov

NEW YORK STATE
Department of Health

Breastfeeding, Chestfeeding, and Lactation Friendly New York

Clinton County Breastfeeding Resources

Call your Pediatrician's Office first!

Telehealth lactation visits are available for all agencies listed.

Who To Call For Help

UVHN at CVPH Alice T. Miner Center for Women and Children
www.cvph.org
518-562-7730

Lactation Clinic & Breastfeeding Classes
518-562-7142 (days)

Newborn Nursery
518-562-7770

Healthy Families of the North Country Clinton and Franklin Counties
www.bhsn.org
518-563-8000 x2184

Clinton County Health Department Public Health Nurses
www.clintonhealth.org
518-565-4848
Women Infants and Children (WIC) Breastfeeding
518-565-4830

Nature's Way Baby Café®
Meeting links posted on: <https://bit.ly/3uP6SUE>
518-562-7142

La Leche League of Plattsburgh
<https://www.facebook.com/LLLPlattsburgh/>
Susan: 518-593-8752
Melissa: 518-570-1446
Mary Cate: 518-534-8815

Trusted Websites

Stanford School of Medicine
Getting Started with Breastfeeding
<http://newborns.stanford.edu/Breastfeeding>

NYS WIC Breastfeeding Program
www.breastfeedingpartners.org

Breast Pump Videos
www.clintonhealth.org

Medications and Breastfeeding
Dr. Thomas Hale
www.MommyMeds.com

Kelly Mom Parenting and Breastfeeding Site
www.kellymom.com

LLL International
1-877-4-LA LECHE
www.lalecheleague.org

Baby Café USA®
www.babycafeusa.org

For breast pump information, contact your insurance company.



03/2021

Breastfeeding Support and Counseling

Breastfeeding provides babies security, love and food all at once! The Clinton County WIC Program promotes and supports breastfeeding as the normal way of providing infants with the nutrition they need for healthy growth and development. From our supportive staff and Peer Counselor, to our pump program and enhanced packages, we celebrate breastfeeding. WIC currently employs three IBCLC's (International Board Certified Lactation Consultants) and one CLC's (Certified Lactation Consultants).



The WIC Peer Counselor Program

As a new mom, it is hard to know what to expect. You may feel a little nervous about nursing or have many questions. A Peer Counselor is here to help! Our Peer Counselors have personal experience with breastfeeding and are trained to provide information and support. You will find these friendly moms available to meet with you during some clinic hours, by appointment or on the phone, evening and weekends.

The Peer Counseling program is offered free to all WIC families and a peer counselor can be requested at any time during your pregnancy or while breastfeeding.

The WIC Breast Pump Program

Our WIC staff and Breastfeeding Coordinator can help with questions or concerns about breastfeeding and, if needed, help you obtain a breast pump or nursing aid at no cost. We follow NYS established guidelines to determine which of a variety of pumps will best meet the needs of the mother and baby. The guidelines consider factors such as a mother's plan for exclusively breastfeeding and the number of hours spent at work or school.

Other Resources: Clinton County

1. TeachKind: 757-962-8247

TeachKind offers free materials, programs, and services to foster empathy in children. We provide free lessons, online resources, classroom presentations, assemblies, and more to K-12 schools, libraries, YMCA's, and other community organizations that service youth. We partner with school districts on social-emotional learning programs that help prevent violence to animals and humans. We can offer free training and materials for entire school districts, including our newly published book **Unlocking the Animal Word: Incredible Facts & How Kids Can Be Superheroes for Animals**, geared to grades 4-6. We also help districts replace archaic, costly animal dissection with more educational, cost-effective, trauma-free, 21st century teaching tools.

Note: New York State Law requires elementary schools to provide instruction in the humane treatment and protection of animals and TeachKind's programs and services can help schools fulfill that mandate.

Website: TeachKind.org

Contact: [Lisbet Chiriboga](#), Senior Program Manager

Email: Info@teachkind.org

Phone: 757-962-8247