Jurisdictional Class: Competitive Adopted: March 10, 2023

ATHLETIC TRAINER

<u>DISTINGUISHING FEATURES OF THE CLASS</u>: This work involves responsibility for providing direction and assistance to student athletes and their coaches in preventing, caring for, and treating athletic injuries. The work is performed in accordance with established guidelines, under the general supervision of the Interscholastic Athletics Administrator or other high level administrator with some leeway for the exercise of independent judgement in carrying out the details of the work. The incumbent does related work as required.

TYPICAL WORK ACTIVITIES: (Illustrative only)

Provides student athletes, coaches, and other school and athletic staff with information regarding sound health habits and injury care and prevention techniques;

Assists student athletes and coaches on appropriate training techniques and strength training programs;

Offers first aid and other in-service programs for coaches;

Confers with school health officials on matters related to injured athletes;

Establishes and maintains detailed records on student athletes including sports physicals, sports injuries, and related data:

Assists coaches in the preparation of athletes for practices and games;

Provides input concerning the setting up as well as the evaluation and fitting of athletic uniforms and equipment;

Maintains stocked first aid kits and may maintain inventory and advise Athletic Directors in the selection and ordering of medical equipment and supplies;

Attends practices and games as requested to assist in emergency first aid treatment of injuries;

Advises Athletic Directors of the safety conditions of athletic facilities;

Acts as a role model for all students in relation to health, safety, and fitness.

FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES & PERSONAL CHARACTERISTICS:

Thorough knowledge of modern principles and practices of sports medicine;

Thorough knowledge of Advanced First Aid, CPR, and emergency management procedures;

Good knowledge of federal, state, and local laws, rules, and regulations related to athletic training;

Good knowledge of the operation and maintenance of equipment utilized in an athletic training setting;

Good knowledge of training/instructional methods and procedures appropriate for student athletes and coaches;

Working knowledge of anatomy and medical terminology;

Ability to establish and maintain effective working relationships with others;

Ability to understand and empathize with the needs and concerns of others;

Ability to interview student athletes to obtain necessary information;

Ability to motivate and encourage the injured athlete during reconditioning;

Ability to evaluate, plan, and coordinate the appropriate care of injured athletes;

Ability to use computer applications such as spreadsheets, word processing, calendar, email, and database software:

Ability to keep accurate records and prepare reports, as necessary;

Ability to plan and supervise the work of others;

Accuracy;

Dependability;		
Tact;		
Good judgement;		

Physical condition commensurate with the duties of the position.

Athletic Trainer

MINIMUM QUALIFICATIONS: Certification as an Athletic Trainer in accordance with Article 162 of the New York State Education Law.

NOTE: If the position involves the operation of a motor vehicle, then the following requirement applies: Eligibility for an appropriate level New York State Driver's license at time of application. Possession of the license at time of appointment.