

• SARANAC • DANNEMORA • CITY • ELLENBURG •

AUSABLE • BEEKMANTOWN

• CHAMPLAIN • CHAZY • CUMBERLAND HEAD • ELLENBURG •



★ 2024 ★

EAST MORRISONVILLE • JAY/BLACK BROOK



## **2024 BASKETBALL COORDINATORS**

<b>AUSABLE</b>	Alicia Fuller		518-572-2272	Aliciafuller.adkhardware@gmail.com
<b>BEEKMANTOWN</b>	Dave Manney		518-572-8480	manney.dave@bcsdk12.org
<b>CHAMPLAIN</b>	Charlene Sample		518-726-6388	recdept@townofchamplain.com
<b>CHAZY</b>	Joshua Howell	518-846-7957	770-906-8266	joshhowell113@gmail.com
<b>DANNEMORA (V)</b>	Matt Dresser		518-578-4540	dannemoraparksandrec@gmail.com
<b>ELLENBURG</b>	Heather Magoon		518-569-1018	magoonheather@yahoo.com
<b>JAY/BLACK BROOK</b>	Nicole Santamaria		518-420-9741	Santamaria.nicole2012@gmail.com
<b>MOOERS</b>	Tyson Dumas	518-236-6969	518-578-1120	<a href="mailto:tookie_1980@yahoo.com">tookie_1980@yahoo.com</a>
<b>PERU</b>	Kristen Marino	518-320-2207		recreationdirector@perutown.com
<b>PLATTSBURGH (T)</b>	Jordanne Manney	518-562-6860	518-569-1126	<a href="mailto:jordannem@townofplattsburgh.org">jordannem@townofplattsburgh.org</a>
<b>SARANAC</b>	Jaki Carter	518-293-8507	518-304-3064	jmcarter@saranac.org
<b>SCHUYLER FALLS</b>	Sam Campbell		518-578-8597	Sphockey11@yahoo.com

## **RECREATION ASSISTANTS**

<p>Steve Laflure- 518-420-8828 (Champlain, Chazy, Mooers, Ellenburg)</p> <p>Duane Mcpherson- 518-572-8409 (Beekmantown, Dannemora, Cumberland Head, Saranac)</p> <p>John Petro- 518-572-2454 (Ausable, Jay/Black Brook, Peru, Morrisonville, Schuyler Falls)</p>
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Please call the Recreation Assistant assigned to your area (as well at the Youth Bureau @565-4750) with late cancellations. They will also be contacting you to verify game schedules.

## COACHES REMINDER



This is an “**Instructional**” Program.  
As such, it should be each coach’s priority that the boys  
and girls under their direction:

1. Have Fun
2. Have a positive team-oriented experience
3. Learn about the game of Basketball

“Good Sports are for ‘Good Sports’”

**\*\* Remember this is a LEARNING experience for  
our Youth Sports Officials as well! \*\***

**"To play the game is great;  
to have fun playing is greater!"**

# SPORTS DEHYDRATION SAFETY TIPS

Everything you need to know to keep your kids safe from dehydration when playing sports.



## Drink Enough Water!

Encourage athletes to drink the right amount of water. The American Academy of Pediatrics (AAP) recommends:

- 5 oz. for a 88-pound child every 20 minutes
- 9 oz. for a 132-pound adolescent every 20 minutes

Kids will know if they are drinking enough water if their urine is clear or the color of lemonade.

To keep kids in top shape for sports, it's important for them to stay hydrated by drinking plenty of fluids. Dehydration occurs when a body loses more water than it takes in (such as through sweating). When kids don't drink enough water while playing sports, they could be at risk for dehydration, heat exhaustion or even heatstroke.

### Bring a Water Bottle and Take Regular Breaks

- Make sure athletes have a water bottle for every practice and game.
- Make sure athletes drink fluids (water is the best option) 30 minutes before the activity begins and every 15-20 minutes during activity. Drinking water after play is equally important.
- Establish mandatory water breaks throughout practices and games—don't wait for a child to tell you he or she is thirsty. Encourage children to stay well hydrated by drinking plenty of water before, during and after play.

### Know the Signs and Symptoms of Dehydration

- The severity of dehydration can vary from mild to more life threatening if left unchecked. There are three levels of dehydration: heat cramps, heat exhaustion and heatstroke.
- Symptoms can range from muscle cramping in the calves, back, arms or abdomen (heat cramps) to faintness or dizziness, nausea and rapid heartbeat (heat exhaustion) to collapse, emotional instability and very high body temperature (heatstroke).

### Respond Appropriately to the Signs of Heat Illness

- If an athlete is dehydrated or suffering from heat exhaustion, call 911 if his or her condition doesn't improve or worsens. If you suspect heatstroke call 911 immediately and make every effort to cool the athlete.
- Move athlete to shade and cool the body with cold water. Have the athlete drink cool water, remove any equipment and excess clothing and lie down, raising his or her legs about 8-12 inches.
- Make sure the athlete gets checked out by a doctor or medical personnel and is cleared before returning to play.
- Treat heatstroke victims right away by immersing them in cold water before the ambulance arrives. If immersion is not an option, soak the child with cold water from a shower, hose or soaking towel.

While at play, children generate more heat than adults, but also sweat less, which makes them more susceptible to dehydration. It is estimated that more than 9,000 high school athletes are treated for heat illness each year in the United States.



# **SPORTS SAFETY TIPS**

**Everything you need to know to keep your kids safe while playing sports.**

Participation in sports offers tremendous social, emotional and physical benefits for children. We know that one of the worst things for kids is being on the sidelines with an injury. As Parents and Coaches, there are simple things we can do to help reduce preventable injuries—so our kids can continue playing the games they love.

## **Be a Prepared Coach**

- As a coach, establish safety guidelines that athletes and parents can follow during every practice and game, such as creating hydration breaks, encouraging players to sit out if injured, resting if not feeling well and facilitating a proper warm up.

## **Don't Forget to Warm Up and Stretch Before Games and Practices**

- Make sure time is set aside before every practice and game for athletes to warm up properly.
- Stretching before practice and games can release muscle tension and help prevent sports-related injuries, such as muscle tears and sprains.
- Kids should start with about 10 minutes of jogging or any light activity, then stretch all major muscle groups, holding each stretch for 20 to 30 seconds. This increases circulation to cold muscles, improves flexibility and makes muscles less prone to strain or tear.

## **Make Rest a Priority**

- To help avoid overuse injury, rest all players during practices and games.
- Encourage players to communicate any pain, injury or illness they may have during or after any practices or games. Make sure they know its smart to tell coaches and parents if they are hurt or not feeling well.
- Kids should have at least one to two days off from any particular sport each week.
- Take time off from one sport to prevent overuse injuries. It is important to get stronger and develop skills learned in another sport.
- Encourage kids to play a variety of sports to help balance muscle development and prevent mental fatigue, otherwise known as “burnout”.

## **Wear Appropriate Sports Gear**

- Having kids wear the appropriate and properly-fitted sports gear during practice and games can help avoid minor and severe injuries.
- Make sure athletes have the right equipment and are wearing it for both practice and games. The right equipment may include helmets, shin guards, mouth guards, ankle braces, shoes with rubber cleats and sunscreen.

## **Don't Take Chances with the Brain**

- Learn the signs and symptoms of a concussion. This information is important for coaches, parents and athletes.
- A player with a suspected concussion must be immediately sidelined until evaluated and released by a medical professional. The important thing is to protect players who have had a concussion from having another one.
- A good rule of thumb; **WHEN IN DOUBT, SIT THEM OUT.**



# **BRAIN INJURY IN SPORTS**

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## **Features of Concussion Frequently Observed:**

1. **Vacant Stare**  
(befuddled facial expression)
2. **Delayed verbal and motor responses**  
(slow to answer questions or follow instructions)
3. **Confusion and inability to focus attention**  
(easily distracted and unable to follow through with normal activities)
4. **Disorientation**  
(walking in the wrong direction; unaware of time, date and place)
5. **Slurred or incoherent speech**  
(making disjointed or incomprehensible statements)
6. **Gross observable incoordination**  
(stumbling, inability to walk tandem/straight line)
7. **Emotions out of proportion to circumstances**  
(distraught, crying for no apparent reason)
8. **Memory deficits**  
(exhibited by the athlete repeatedly asking the same question that has already been answered, or inability to memorize and recall 3 of 3 words or 3 of 3 objects in 5 minutes)
9. **Any period of loss of consciousness**  
(paralytic coma, unresponsiveness to arousal)

For more information contact the Head Injury Hotline: [www.headinjury.com](http://www.headinjury.com)

**RESCHEDULED GAMES** should be kept to an absolute minimum.

The home team is responsible for contacting the Youth Bureau and the assigned referees to notify all parties of the game change OR TIME CHANGE.



**The Youth Bureau should be notified of any change BEFORE a game is played!!**

**Coaches and Coordinators are reminded that regularly scheduled County Basketball games should not be cancelled for any reason other than inclement weather.**

**Games should not be rescheduled due to lack of players. If a team shows up 'short' of players and the opposing team has enough extra players, players should be shared and the game should be played. Since the County does not keep standings, this is perfectly acceptable.**

**\*\*\*Rescheduling Games increases the likelihood that County Referees will not be available\*\*\***



# 2024 CLINTON COUNTY YOUTH BASKETBALL PROGRAM

## TEAM DIVISIONS

3 <sup>RD</sup> /4 <sup>TH</sup> GRADE BOYS	
DIVISION 1-CAVALIERS	
Beekmantown Celtics Dannemora Morrisonville Saranac Spartans	
<u>DIVISION 2 – CELTICS</u>	<u>DIVISION 3 - WARRIORS</u>
Jay/Black Brook Patriots Keeseville K-City Peru Hawks Peru 1 Peru Rockets Schuyler Falls Celtics	Cumberland Head 1 Cumberland Head 2 Ellenburg Bobcats Mooers Cougars Mooers Goon Squad Rouses Point Kings
3 <sup>RD</sup> /4 <sup>TH</sup> GRADE GIRLS	
<u>HORNETS DIVISION</u>	<u>SKY DIVISION</u>
Jay/Black Brook Blue Jay/Black Brook Red Keeseville Knights Morrisonville Peru Saranac Little Chiefs	Beekmantown Blazers Cumberland Head Ellenburg Mooers Mystics Mooers Shooting Stars Rouses Point Warriors



**3<sup>RD</sup> / 4<sup>TH</sup> – GRADE BOYS**  
**CAVALIERS DIVISION – GAME SCHEDULE**

<b><u>SATURDAY JANUARY 27<sup>th</sup></u></b>				
<u>Morrisonville</u>	<u>@</u>	<u>Dannemora</u>	<u>@</u>	<u>8:00</u>
<u>Beekmantown</u>	<u>@</u>	<u>Saranac</u>	<u>@</u>	<u>8:00</u>
<b><u>SATURDAY FEBRUARY 3<sup>rd</sup></u></b>				
<u>Dannemora</u>	<u>@</u>	<u>Saranac</u>	<u>@</u>	<u>8:00</u>
<u>Beekmantown</u>	<u>@</u>	<u>Morrisonville</u>	<u>@</u>	<u>9:15</u>
<b><u>SATURDAY FEBRUARY 10<sup>th</sup></u></b>				
<u>Dannemora</u>	<u>@</u>	<u>Beekmantown</u>	<u>@</u>	<u>9:15</u>
<u>Saranac</u>	<u>@</u>	<u>Morrisonville</u>	<u>@</u>	<u>9:15</u>
<b><u>SATURDAY FEBRUARY 17<sup>th</sup></u></b>				
<u>Saranac</u>	<u>@</u>	<u>Beekmantown</u>	<u>@</u>	<u>8:00</u>
<u>Dannemora</u>	<u>@</u>	<u>Morrisonville</u>	<u>@</u>	<u>1:00</u>
<b><u>SATURDAY FEBRUARY 24<sup>th</sup></u></b>				
<u>Morrisonville</u>	<u>@</u>	<u>Beekmantown</u>	<u>@</u>	<u>8:00</u>
<u>Saranac</u>	<u>@</u>	<u>Dannemora</u>	<u>@</u>	<u>8:00</u>
<b><u>SATURDAY MARCH 2<sup>nd</sup></u></b>				
<u>Beekmantown</u>	<u>@</u>	<u>Dannemora</u>	<u>@</u>	<u>8:00</u>
<u>Morrisonville</u>	<u>@</u>	<u>Saranac</u>	<u>@</u>	<u>10:30</u>
<b><u>SATURDAY MARCH 9<sup>th</sup></u></b>				
<u>Saranac</u>	<u>@</u>	<u>Beekmantown</u>	<u>@</u>	<u>8:00</u>
<u>Morrisonville</u>	<u>@</u>	<u>Dannemora</u>	<u>@</u>	<u>8:00</u>
<b><u>SATURDAY MARCH 16<sup>th</sup></u></b>				
<u>Dannemora</u>	<u>@</u>	<u>Saranac</u>	<u>@</u>	<u>8:00</u>
<u>Beekmantown</u>	<u>@</u>	<u>Morrisonville</u>	<u>@</u>	<u>10:30</u>

**3<sup>RD</sup> / 4<sup>TH</sup> – GRADE BOYS**  
**CELTICS DIVISION – GAME SCHEDULE**

<b>SATURDAY JANUARY 27<sup>th</sup></b>				
Peru Hawks	@	JBB	@	8:00
Peru Rockets	@	Schuyler Falls	@	8:00
Keeseville	@	Peru 1	@	8:00
<b>SATURDAY FEBRUARY 3<sup>rd</sup></b>				
Keeseville	@	JBB	@	8:00
Peru 1	@	Peru Rockets	@	8:00
Schuyler Falls	@	Peru Hawks	@	9:15
<b>SATURDAY FEBRUARY 10<sup>th</sup></b>				
JBB	@	Schuyler Falls	@	8:00
Keeseville	@	Peru Rockets	@	8:00
Peru Hawks	@	Peru 1	@	9:15
<b>SATURDAY FEBRUARY 17<sup>th</sup></b>				
Peru 1	@	JBB	@	8:00
Keeseville	@	Schuyler Falls	@	8:00
Peru Rockets	@	Peru Hawks	@	8:00
<b>SATURDAY FEBRUARY 24<sup>th</sup></b>				
Peru Hawks	@	Keeseville	@	8:00
Schuyler Falls	@	Peru 1	@	8:00
JBB	@	Peru Rockets	@	9:15
<b>SATURDAY MARCH 2<sup>nd</sup></b>				
Peru 1	@	Keeseville	@	8:00
JBB	@	Peru Hawks	@	8:00
Schuyler Falls	@	Peru Rockets	@	9:15
<b>SATURDAY MARCH 9<sup>th</sup></b>				
JBB	@	Keeseville	@	8:00
Peru Hawks	@	Schuyler Falls	@	8:00
Peru Rockets	@	Peru 1	@	8:00
<b>SATURDAY MARCH 16<sup>th</sup></b>				
Schuyler Falls	@	JBB	@	8:00
Peru Rockets	@	Keeseville	@	8:00
Peru 1	@	Peru Hawks	@	8:00

**3<sup>RD</sup> / 4<sup>TH</sup> – GRADE BOYS**  
**WARRIORS DIVISION – GAME SCHEDULE**

<b><u>SATURDAY JANUARY 27<sup>th</sup></u></b>				
Ellenburg	@	Cumberland Head 2	@	8:00
Mooers Goon Squad	@	Mooers Cougars	@	8:00
Cumberland Head 1	@	RP Kings	@	8:00
<b><u>SATURDAY FEBRUARY 3<sup>rd</sup></u></b>				
Mooers Cougars	@	Cumberland Head 1	@	8:00
Cumberland Head 2	@	Mooers Goon Squad	@	8:00
RP Kings	@	Ellenburg	@	8:00
<b><u>SATURDAY FEBRUARY 10<sup>th</sup></u></b>				
Mooers Goon Squad	@	Cumberland Head 1	@	8:00
Ellenburg	@	Mooers Cougars	@	8:00
Cumberland Head 2	@	RP Kings	@	8:00
<b><u>SATURDAY FEBRUARY 17<sup>th</sup></u></b>				
Mooers Cougars	@	Cumberland Head 2	@	8:00
Cumberland Head 1	@	Ellenburg	@	8:00
Mooers Goon Squad	@	RP Kings	@	8:00
<b><u>SATURDAY FEBRUARY 24<sup>th</sup></u></b>				
Cumberland Head 2	@	Cumberland Head 1	@	8:00
Ellenburg	@	Mooers Goon Squad	@	8:00
RP Kings	@	Mooers Cougars	@	9:15
<b><u>SATURDAY MARCH 2<sup>nd</sup></u></b>				
RP Kings	@	Cumberland Head 1	@	8:00
Mooers Cougars	@	Mooers Goon Squad	@	8:00
Cumberland Head 2	@	Ellenburg	@	8:00
<b><u>SATURDAY MARCH 9<sup>th</sup></u></b>				
Mooers Goon Squad	@	Cumberland Head 2	@	8:00
Cumberland Head 1	@	Mooers Cougars	@	8:00
Ellenburg	@	RP Kings	@	8:00
<b><u>SATURDAY MARCH 16<sup>th</sup></u></b>				
RP Kings	@	Cumberland Head 2	@	8:00
Cumberland Head 1	@	Mooers Goon Squad	@	8:00
Mooers Cougars	@	Ellenburg	@	8:00

**3<sup>RD</sup> / 4<sup>TH</sup> – GRADE GIRLS**  
**HORNETS DIVISION – GAME SCHEDULE**

<b><u>SATURDAY JANUARY 27<sup>th</sup></u></b>				
Peru	@	JBB Red	@	9:15
JBB Blue	@	Morrisonville	@	9:15
Keeseville	@	Saranac	@	9:15
<b><u>SATURDAY FEBRUARY 3<sup>rd</sup></u></b>				
Saranac	@	JBB Blue	@	9:15
Keeseville	@	JBB Red	@	10:30
Morrisonville	@	Peru	@	10:30
<b><u>SATURDAY FEBRUARY 10<sup>th</sup></u></b>				
JBB Blue	@	JBB Red	@	8:00
Peru	@	Keeseville	@	8:00
Morrisonville	@	Saranac	@	8:00
<b><u>SATURDAY FEBRUARY 17<sup>th</sup></u></b>				
Keeseville	@	JBB Blue	@	9:15
JBB Red	@	Morrisonville	@	9:15
Peru	@	Saranac	@	9:15
<b><u>SATURDAY FEBRUARY 24<sup>th</sup></u></b>				
Saranac	@	JBB Red	@	8:00
Morrisonville	@	Keeseville	@	9:15
JBB Blue	@	Peru	@	10:30
<b><u>SATURDAY MARCH 2<sup>nd</sup></u></b>				
Morrisonville	@	JBB Blue	@	8:00
Saranac	@	Keeseville	@	9:15
JBB Red	@	Peru	@	10:30
<b><u>SATURDAY MARCH 9<sup>th</sup></u></b>				
JBB Red	@	Keeseville	@	9:15
JBB Blue	@	Saranac	@	9:15
Peru	@	Morrisonville	@	10:30
<b><u>SATURDAY MARCH 16<sup>th</sup></u></b>				
Saranac	@	Morrisonville	@	8:00
JBB Red	@	JBB Blue	@	9:15
Keeseville	@	Peru	@	9:15

**3<sup>RD</sup> / 4<sup>TH</sup> – GRADE GIRLS**  
**SKY DIVISION – GAME SCHEDULE**

<b><u>SATURDAY JANUARY 27<sup>th</sup></u></b>				
<b><u>Ellenburg</u></b>	<b><u>@</u></b>	<b><u>Mooers Shooting Stars</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>Beekmantown Blazers</u></b>	<b><u>@</u></b>	<b><u>RP Warriors</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>Mooers Mystics</u></b>	<b><u>@</u></b>	<b><u>Cumberland Head</u></b>	<b><u>@</u></b>	<b><u>11:45</u></b>
<b><u>SATURDAY FEBRUARY 3<sup>rd</sup></u></b>				
<b><u>Mooers Shooting Stars</u></b>	<b><u>@</u></b>	<b><u>Beekmantown Blazers</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>RP Warriors</u></b>	<b><u>@</u></b>	<b><u>Mooers Mystics</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>Cumberland Head</u></b>	<b><u>@</u></b>	<b><u>Ellenburg</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>SATURDAY FEBRUARY 10<sup>th</sup></u></b>				
<b><u>Mooers Mystics</u></b>	<b><u>@</u></b>	<b><u>Ellenburg</u></b>	<b><u>@</u></b>	<b><u>8:00</u></b>
<b><u>Beekmantown Blazers</u></b>	<b><u>@</u></b>	<b><u>Cumberland Head</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>RP Warriors</u></b>	<b><u>@</u></b>	<b><u>Mooers Shooting Stars</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>SATURDAY FEBRUARY 17<sup>th</sup></u></b>				
<b><u>Mooers Mystics</u></b>	<b><u>@</u></b>	<b><u>Mooers Shooting Stars</u></b>	<b><u>@</u></b>	<b><u>8:00</u></b>
<b><u>Ellenburg</u></b>	<b><u>@</u></b>	<b><u>Beekmantown Blazers</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>Cumberland Head</u></b>	<b><u>@</u></b>	<b><u>RP Warriors</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>SATURDAY FEBRUARY 24<sup>th</sup></u></b>				
<b><u>RP Warriors</u></b>	<b><u>@</u></b>	<b><u>Ellenburg</u></b>	<b><u>@</u></b>	<b><u>8:00</u></b>
<b><u>Mooers Shooting Stars</u></b>	<b><u>@</u></b>	<b><u>Cumberland Head</u></b>	<b><u>@</u></b>	<b><u>10:30</u></b>
<b><u>Beekmantown Blazers</u></b>	<b><u>@</u></b>	<b><u>Mooers Mystics</u></b>	<b><u>@</u></b>	<b><u>10:30</u></b>
<b><u>SATURDAY MARCH 2<sup>nd</sup></u></b>				
<b><u>RP Warriors</u></b>	<b><u>@</u></b>	<b><u>Beekmantown Blazers</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>Cumberland Head</u></b>	<b><u>@</u></b>	<b><u>Mooers Mystics</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>Mooers Shooting Stars</u></b>	<b><u>@</u></b>	<b><u>Ellenburg</u></b>	<b><u>@</u></b>	<b><u>10:30</u></b>
<b><u>SATURDAY MARCH 9<sup>th</sup></u></b>				
<b><u>Beekmantown Blazers</u></b>	<b><u>@</u></b>	<b><u>Mooers Shooting Stars</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>Ellenburg</u></b>	<b><u>@</u></b>	<b><u>Cumberland Head</u></b>	<b><u>@</u></b>	<b><u>10:30</u></b>
<b><u>Mooers Mystics</u></b>	<b><u>@</u></b>	<b><u>RP Warriors</u></b>	<b><u>@</u></b>	<b><u>10:30</u></b>
<b><u>SATURDAY MARCH 16<sup>th</sup></u></b>				
<b><u>Cumberland Head</u></b>	<b><u>@</u></b>	<b><u>Beekmantown Blazers</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>Ellenburg</u></b>	<b><u>@</u></b>	<b><u>Mooers Mystics</u></b>	<b><u>@</u></b>	<b><u>9:15</u></b>
<b><u>Mooers Shooting Stars</u></b>	<b><u>@</u></b>	<b><u>RP Warriors</u></b>	<b><u>@</u></b>	<b><u>10:30</u></b>

# 2024 CLINTON COUNTY YOUTH BASKETBALL PROGRAM

## TEAM DIVISIONS

5TH/6TH GRADE BOYS	5TH/6TH GRADE BOYS	5TH/6TH GRADE BOYS
KNICKS DIVISON	LAKERS	MAGIC
<b>JBB Patriots</b> <b>Keeseville Titans</b> <b>Keeseville Vipers</b> <b>Peru Hurricanes</b> <b>Peru Lakers</b> <b>Schuyler Falls Lakers</b>	<b>Cumberland Head 1</b> <b>Cumberland Head 2</b> <b>Beekmantown Knicks</b> <b>Beekmantown Wildcats</b> <b>Morrisonville 1</b> <b>Morrisonville 2</b> <b>Saranac Chiefs</b> <b>Saranac Spartans</b>	<b>Chazy</b> <b>Mooers Cougar Claw</b> <b>Mooers Rebels</b> <b>Peru Celtics</b> <b>RP Raptors</b> <b>RP Swish</b>

5TH/6TH GRADE GIRLS		5TH/6TH GRADE GIRLS
HEAT DIVISON		SPARKS DIVISION
<b>Cumberland Head</b> <b>JBB Patriots</b> <b>Keeseville Ballers</b> <b>Keeseville Lady Patriots</b> <b>Morrisonville</b> <b>Peru Nighthawks</b> <b>Peru Panthers</b> <b>Saranac</b>		<b>Chazy</b> <b>Beekmantown Huskies</b> <b>Beekmantown Pistons</b> <b>Ellenburg</b> <b>Mooers Cougars</b> <b>Mooers Storm</b> <b>RP Hot Shots</b> <b>RP Trotters</b>





**5<sup>TH</sup> / 6<sup>TH</sup> – GRADE BOYS**  
**KNICKS DIVISION – GAME SCHEDULE**

<b>SATURDAY JANUARY 27<sup>th</sup></b>				
Schuyler Falls	@	Peru Hurricanes	@	10:30
JBB	@	Keeseville Vipers	@	11:45
Keeseville Titans	@	Peru Lakers	@	1:00pm
<b>SATURDAY FEBRUARY 3<sup>rd</sup></b>				
Peru Lakers	@	Schuyler Falls	@	8:00
Peru Hurricanes	@	Keeseville Vipers	@	9:15
Keeseville Titans	@	JBB	@	1:00pm
<b>SATURDAY FEBRUARY 10<sup>th</sup></b>				
**Peru Lakers	@	JBB** Friday 3/9	@	7:00pm
Schuyler Falls	@	Keeseville Vipers	@	11:45
Keeseville Titans	@	Peru Hurricanes	@	1:00pm
<b>SATURDAY FEBRUARY 17<sup>th</sup></b>				
Keeseville Vipers	@	Keeseville Titans	@	8:00
Peru Hurricanes	@	Peru Lakers	@	9:15
Schuyler Falls	@	JBB	@	11:45
<b>SATURDAY FEBRUARY 24<sup>th</sup></b>				
Keeseville Titans	@	Schuyler Falls	@	9:15
Peru Lakers	@	Keeseville Vipers	@	11:45
JBB	@	Peru Hurricanes	@	2:15pm
<b>SATURDAY MARCH 2<sup>nd</sup></b>				
Peru Hurricanes	@	Schuyler Falls	@	9:15
Keeseville Vipers	@	JBB	@	10:30
Peru Lakers	@	Keeseville Titans	@	1:00pm
<b>SATURDAY MARCH 9<sup>th</sup></b>				
JBB	@	Keeseville Titans	@	11:45
Schuyler Falls	@	Peru Lakers	@	11:45
Keeseville Vipers	@	Peru Hurricanes	@	1:00pm
<b>SATURDAY MARCH 16<sup>th</sup></b>				
Keeseville Vipers	@	Schuyler Falls	@	9:15
JBB	@	Peru Lakers	@	10:30
Peru Hurricanes	@	Keeseville Titans	@	11:45

**5<sup>TH</sup> / 6<sup>TH</sup> – GRADE BOYS**  
**LAKERS DIVISION – GAME SCHEDULE**

<b>SATURDAY JANUARY 27<sup>th</sup></b>				
Beekmantown Wildcats	@	Cumberland Head 2	@	9:15
Beekmantown Knicks	@	Cumberland Head 1	@	10:30
Saranac Spartans	@	Morrisonville 2	@	11:45
Saranac Chiefs	@	Morrisonville 1	@	1:00pm
<b>SATURDAY FEBRUARY 3<sup>rd</sup></b>				
Beekmantown Knicks	@	Cumberland Head 2	@	10:30
Morrisonville 1	@	Saranac Spartans	@	10:30
Morrisonville 2	@	Beekmantown Wildcats	@	11:45
Saranac Chiefs	@	Cumberland Head 1	@	11:45
<b>SATURDAY FEBRUARY 10<sup>th</sup></b>				
Beekmantown Wildcats	@	Beekmantown Knicks	@	8:00
Cumberland Head 1	@	Saranac Spartans	@	9:15
Morrisonville 2	@	Morrisonville 1	@	10:30
Cumberland Head 2	@	Saranac Chiefs	@	10:30
<b>SATURDAY FEBRUARY 17<sup>th</sup></b>				
Morrisonville 1	@	Cumberland Head 1	@	11:45
Beekmantown Knicks	@	Morrisonville 2	@	11:45
Saranac Chiefs	@	Beekmantown Wildcats	@	1:00pm
Saranac Spartans	@	Cumberland Head 2	@	1:00pm
<b>SATURDAY FEBRUARY 24<sup>th</sup></b>				
Saranac Chiefs	@	Beekmantown Knicks	@	10:30
Cumberland Head 1	@	Morrisonville 2	@	10:30
Saranac Spartans	@	Beekmantown Wildcats	@	11:45
Cumberland Head 2	@	Morrisonville 1	@	11:45
<b>SATURDAY MARCH 2<sup>nd</sup></b>				
Morrisonville 2	@	Saranac Chiefs	@	8:00
Beekmantown Knicks	@	Saranac Spartans	@	9:15
Cumberland Head 1	@	Cumberland Head 2	@	10:30
Beekmantown Wildcats	@	Morrisonville 1	@	10:30
<b>SATURDAY MARCH 9<sup>th</sup></b>				
Beekmantown Wildcats	@	Cumberland Head 1	@	9:15
Saranac Spartans	@	Saranac Chiefs	@	11:45
Morrisonville 1	@	Beekmantown Knicks	@	1:00pm
Cumberland Head 2	@	Morrisonville 2	@	1:00pm
<b>SATURDAY MARCH 16<sup>th</sup></b>				
Cumberland Head 2	@	Beekmantown Wildcats	@	10:30
Morrisonville 2	@	Saranac Spartans	@	10:30
Cumberland Head 1	@	Beekmantown Knicks	@	11:45
Morrisonville 1	@	Saranac Chiefs	@	11:45

**5<sup>TH</sup> / 6<sup>TH</sup> – GRADE BOYS**  
**MAGIC DIVISION – GAME SCHEDULE**

<b>SATURDAY JANUARY 27<sup>th</sup></b>				
RP Raptors	@	Chazy	@	8:00
Peru Celtics	@	Mooers Cougar Claws	@	10:30
Mooers Rebels	@	RP Swish	@	11:45
<b>SATURDAY FEBRUARY 3<sup>rd</sup></b>				
RP Swish	@	RP Raptors	@	9:15
Mooers Cougar Claws	@	Mooers Rebels	@	11:45
Chazy	@	Peru Celtics	@	11:45
<b>SATURDAY FEBRUARY 10<sup>th</sup></b>				
Chazy	@	RP Swish	@	10:30
Peru Celtics	@	Mooers Rebels	@	1:00pm
RP Raptors	@	Mooers Cougar Claws	@	2:15pm
<b>SATURDAY FEBRUARY 17<sup>th</sup></b>				
Mooers Cougar Claws	@	Chazy	@	9:15
Peru Celtics	@	RP Swish	@	11:45
Mooers Rebels	@	RP Raptors	@	1:00pm
<b>SATURDAY FEBRUARY 24<sup>th</sup></b>				
RP Swish	@	Mooers Cougar Claws	@	1:00pm
RP Raptors	@	Peru Celtics	@	1:00pm
Chazy	@	Mooers Rebels	@	2:15pm
<b>SATURDAY MARCH 2<sup>nd</sup></b>				
RP Swish	@	Mooers Rebels	@	11:45
Chazy	@	RP Raptors	@	11:45
Mooers Cougar Claws	@	Peru Celtics	@	1:00pm
<b>SATURDAY MARCH 9<sup>th</sup></b>				
Peru Celtics	@	Chazy	@	8:00
RP Raptors	@	RP Swish	@	9:15
Mooers Rebels	@	Mooers Cougar Claws	@	11:45
<b>SATURDAY MARCH 16<sup>th</sup></b>				
RP Swish	@	Chazy	@	9:15
Mooers Cougar Claws	@	RP Raptors	@	9:15
Mooers Rebels	@	Peru Celtics	@	11:45

**5<sup>TH</sup> / 6<sup>TH</sup> – GRADE GIRLS**  
**HEAT DIVISION – GAME SCHEDULE**

<b>SATURDAY JANUARY 27<sup>th</sup></b>				
Keeseville LP	@	Peru Nighthawks	@	9:15
Cumberland Head	@	JBB	@	10:30
Keeseville Ballers	@	Morrisonville	@	10:30
Saranac	@	Peru Panthers	@	11:45
<b>SATURDAY FEBRUARY 3<sup>rd</sup></b>				
Keeseville LP	@	Keeseville Ballers	@	8:00
Morrisonville	@	Cumberland Head	@	9:15
Peru Panthers	@	JBB	@	11:45
Peru Nighthawks	@	Saranac	@	11:45
<b>SATURDAY FEBRUARY 10<sup>th</sup></b>				
Morrisonville	@	Keeseville LP	@	9:15
Saranac	@	Keeseville Ballers	@	10:30
Cumberland Head	@	Peru Panthers	@	10:30
JBB	@	Peru Nighthawks	@	11:45
<b>SATURDAY FEBRUARY 17<sup>th</sup></b>				
Keeseville Ballers	@	JBB	@	10:30
Peru Nighthawks	@	Cumberland Head	@	10:30
Peru Panthers	@	Morrisonville	@	10:30
Keeseville LP	@	Sarnac	@	10:30
<b>SATURDAY FEBRUARY 24<sup>th</sup></b>				
Keeseville Ballers	@	Cumberland Head	@	9:15
JBB	@	Keeseville LP	@	10:30
Peru Nighthawks	@	Peru Panthers	@	11:45
Saranac	@	Morrisonville	@	1:00pm
<b>SATURDAY MARCH 2<sup>nd</sup></b>				
Saranac	@	JBB	@	9:15
Peru Panthers	@	Keeseville Ballers	@	10:30
Cumberland Head	@	Keeseville LP	@	11:45
Morrisonville	@	Peru Nighthawks	@	11:45
<b>SATURDAY MARCH 9<sup>th</sup></b>				
Keeseville Ballers	@	Peru Nighthawks	@	9:15
Keeseville LP	@	Peru Panthers	@	10:30
Cumberland Head	@	Saranac	@	10:30
JBB	@	Morrisonville	@	11:45
<b>SATURDAY MARCH 16<sup>th</sup></b>				
JBB	@	Cumberland Head	@	9:15
Morrisonville	@	Keeseville Ballers	@	9:15
Peru Panthers	@	Saranac	@	9:15
Peru Nighthawks	@	Keeseville LP	@	10:30

**5<sup>TH</sup> / 6<sup>TH</sup> – GRADE GIRLS**  
**SPARKS DIVISION – GAME SCHEDULE**

<b>SATURDAY JANUARY 27<sup>th</sup></b>				
<b>RP Hot Shots</b>	<b>@</b>	<b>Ellenburg</b>	<b>@</b>	<b>8:00</b>
<b>Mooers Cougars</b>	<b>@</b>	<b>Beekmantown Pistons</b>	<b>@</b>	<b>9:15</b>
<b>Mooers Storm</b>	<b>@</b>	<b>Beekmantown Huskies</b>	<b>@</b>	<b>10:30</b>
<b>Chazy</b>	<b>@</b>	<b>RP Trotters</b>	<b>@</b>	<b>10:30</b>
<b>SATURDAY FEBRUARY 3<sup>rd</sup></b>				
<b>Beekmantown Pistons</b>	<b>@</b>	<b>Chazy</b>	<b>@</b>	<b>8:00</b>
<b>Mooers Storm</b>	<b>@</b>	<b>RP Trotters</b>	<b>@</b>	<b>8:00</b>
<b>Ellenburg</b>	<b>@</b>	<b>Beekmantown Huskies</b>	<b>@</b>	<b>10:30</b>
<b>RP Hot Shots</b>	<b>@</b>	<b>Mooers Cougars</b>	<b>@</b>	<b>10:30</b>
<b>SATURDAY FEBRUARY 10<sup>th</sup></b>				
<b>RP Trotters</b>	<b>@</b>	<b>Ellenburg</b>	<b>@</b>	<b>9:15</b>
<b>Beekmantown Pistons</b>	<b>@</b>	<b>RP Hot Shots</b>	<b>@</b>	<b>9:15</b>
<b>Chazy</b>	<b>@</b>	<b>Mooers Storm</b>	<b>@</b>	<b>10:30</b>
<b>Beekmantown Huskies</b>	<b>@</b>	<b>Mooers Cougars</b>	<b>@</b>	<b>11:45</b>
<b>SATURDAY FEBRUARY 17<sup>th</sup></b>				
<b>Ellenburg</b>	<b>@</b>	<b>Chazy</b>	<b>@</b>	<b>8:00</b>
<b>Mooers Storm</b>	<b>@</b>	<b>Beekmantown Pistons</b>	<b>@</b>	<b>10:30</b>
<b>Mooers Cougars</b>	<b>@</b>	<b>RP Trotters</b>	<b>@</b>	<b>10:30</b>
<b>RP Hot Shots</b>	<b>@</b>	<b>Beekmantown Huskies</b>	<b>@</b>	<b>11:45</b>
<b>SATURDAY FEBRUARY 24<sup>th</sup></b>				
<b>Mooers Cougars</b>	<b>@</b>	<b>Chazy</b>	<b>@</b>	<b>8:00</b>
<b>RP Trotters</b>	<b>@</b>	<b>RP Hot Shots</b>	<b>@</b>	<b>8:00</b>
<b>Beekmantown Huskies</b>	<b>@</b>	<b>Beekmantown Pistons</b>	<b>@</b>	<b>9:15</b>
<b>Ellenburg</b>	<b>@</b>	<b>Mooers Storm</b>	<b>@</b>	<b>11:45</b>
<b>SATURDAY MARCH 2<sup>nd</sup></b>				
<b>Beekmantown Pistons</b>	<b>@</b>	<b>Ellenburg</b>	<b>@</b>	<b>9:15</b>
<b>Beekmantown Huskies</b>	<b>@</b>	<b>RP Trotters</b>	<b>@</b>	<b>9:15</b>
<b>Mooers Storm</b>	<b>@</b>	<b>Mooers Cougars</b>	<b>@</b>	<b>10:30</b>
<b>Chazy</b>	<b>@</b>	<b>RP Hot Shots</b>	<b>@</b>	<b>10:30</b>
<b>SATURDAY MARCH 9<sup>th</sup></b>				
<b>Mooers Cougars</b>	<b>@</b>	<b>Ellenburg</b>	<b>@</b>	<b>8:00</b>
<b>RP Trotters</b>	<b>@</b>	<b>Beekmantown Pistons</b>	<b>@</b>	<b>10:30</b>
<b>RP Hot Shots</b>	<b>@</b>	<b>Mooers Storm</b>	<b>@</b>	<b>10:30</b>
<b>Chazy</b>	<b>@</b>	<b>Beekmantown Huskies</b>	<b>@</b>	<b>11:45</b>
<b>SATURDAY MARCH 16<sup>th</sup></b>				
<b>RP Trotters</b>	<b>@</b>	<b>Chazy</b>	<b>@</b>	<b>8:00</b>
<b>Ellenburg</b>	<b>@</b>	<b>RP Hot Shots</b>	<b>@</b>	<b>8:00</b>
<b>Beekmantown Pistons</b>	<b>@</b>	<b>Mooers Cougars</b>	<b>@</b>	<b>10:30</b>
<b>Beekmantown Huskies</b>	<b>@</b>	<b>Mooers Storm</b>	<b>@</b>	<b>11:45</b>

# 2024 Coach & Gym Directory

## AUSABLE/KEESEVILLE

B3/4	Keeseville K-City	Steven Plank		518-419-3634	Keeseville Elementary
G3/4	Keeseville Knights	Kate McCormick		518-420-9321	Keeseville Elementary
B5/6	Keeseville Vipers	Kaydence Hoehn		518-645-3546	Keeseville Elementary
B5/6	Keeseville Titans	Tony Olson		802-309-3314	Keeseville Elementary
G5/6	Keeseville Lady Patriots	Shay Love		518-418-9220	Keeseville Elementary
G5/6	Keeseville Ballers	Hannah Greenley		518-837-7516	Keeseville Elementary

## BEEKMANTOWN

B3/4	Beekmantown Celtics	Matt Crucetti		518-572-0383	Beekmantown Middle School
B5/6	Beekmantown Knicks	Dave Manney(temp)		518-572-8480	Beekmantown Middle School
B5/6	Beekmantown Wild Cats	Dave Manney(Temp)		518-572-8480	Beekmantown Middle School
G3/4	Beekmantown Blazer	Dave Manney(temp)		518-572-8480	Beekmantown Middle S
G5/6	Beekmantown Pistons	Faith Miller		518-744-4801	Beekmantown Middle School
G5/6	Beekmantown Huskies	Justin VanCour		518-578-2789	Beekmantown Middle School

## CHAMPLAIN/ROUSES POINT

G3/4	Rouses Point Warriors	Nicole Murphy		518-645-4543	RP Elementary
B3/4	Rouses Point Kings	Casey Greeno		607-423-4103	RP Elementary
B5/6	Rouses Point Swish	Lisa Turner		518-321-3387	RP Elementary
B5/6	Rouses Point Raptors	Molly Ryan		518-593-3762	RP Elementary
G5/6	Rouses Point Hot Shots	Amanda Frostick		518-534-2496	RP Elementary
G5/6	Rouses Point Trotters	Allison Harell		514-712-7685	RP Elementary

## CHAZY

B5/6	Chazy	Josh Howell (Temp)		770-906-8266	Chazy School
G5/6	Chazy	Josh Howell (Temp)		770-906-8266	Chazy School

## DANNEMORA (Village)

B3/4	Dannemora Warriors	Richard Walker		518-569-9779	Community Center
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## CUMBERLAND HEAD

B3/4	Cumberland Head 1	Ian Spear		518-536-6095	Cumberland Head Elementary
B3/4	Cumberland Head 2	Camry Church		518-578-0986	Cumberland Head Elementary
G3/4	Cumberland Head	Corey Brown		315-412-5313	Cumberland Head Elementary
G5/6	Cumberland Head	Megan Baker		518-569-3733	Cumberland Head Elementary
B5/6	Cumberland Head 1	Christian Hill		518-810-6491	Cumberland Head Elementary
B5/6	Cumberland Head 2	Larry Dearborn		518-536-6057	Cumberland Head Elementary

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**EAST MORRISONVILLE**

G3/4	Morrisonville	Tiffani Light		518-578-0990	Morrisonville Elementary
B3/4	Morrisonville	Mark Combes		518-565-7078	Morrisonville Elementary
G5/6	Morrisonville	Robe Besaw		518-578-1993	Morrisonville Elementary
B5/6	Morrisonville 1	Cristi Lawliss		518-569-0817	Morrisonville Elementary
B5/6	Morrisonville 2	Mychelle Favreau		518-536-2498	Morrisonville Elementary

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**ELLENBURG**

B3/4	Ellenburg Bobcats	Brady Boulrice		518-420-2230	NAC Elementary
G3/4	Ellenburg	Amanda Agoney		518-335-3790	NAC Elementary
G5/6	Ellenburg	Barb LaFogg-Parsons		413-695-6513	NAC Elementary

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**JAY/BLACK BROOK**

B3/4	Jay Black Brook Patriots	Jeremy Barton		518-461-3795	Au Sable Forks Elementary School
B5/6	Jay Black Brook Patriots	Kacie Haywood		518-578-1330	Au Sable Forks Elementary School
G3/4	Jay Black Brook Blue	Joell Valentin		518-572-5907	Au Sable Forks Elementary School
G3/4	Jay Black Brook Red	Joe Lincoln		518-281-2574	Au Sable Forks Elementary School
G5/6	Jay Black Brook Patriots	Chris Hozley		518-414-2720	Au Sable Forks Elementary School

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**MOOERS**

G3/4	Mooers Mystics	Peyton Sample		518-534-1986	Mooers Elementary
G3/4	Mooers Shooting Stars	Erin St. Hilaire		518-593-1038	Mooers Elementary
G5/6	Mooers Storm	Kya McComb		518-534-5453	Mooers Elementary
G5/6	Mooers Cougars	Corlisa Harvey		518-593-8403	Mooers Elementary
B3/4	Mooers Goon Squad	Heath Duchaine	518-236-4443	518-570-0441	Mooers Elementary
B3/4	Mooers Cougars	Stephen Garrow		518-420-6197	Mooers Elementary
B5/6	Mooers Cougar Claws	Chad Sample		518-578-8128	Mooers Elementary
B5/6	Mooers Rebels	Michele Decoste		518-578-3169	Mooers Elementary

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**PERU**

B3/4	Peru 1	Adam Senecal		518-420-4733	Peru Intermediate
B3/4	Peru Hawks	Joe Deslauriers		518-569-6843	Peru Intermediate
B3/4	Peru Rockets	Ryan Davies		518-578-0115	Peru Intermediate
B5/6	Peru Celtics	Matt St.Clair		518-420-3689	Peru Intermediate
B5/6	Peru Lakers	Bryan Smith		518-534-6310	Peru Intermediate
B5/6	Peru Hurricanes	Amanda Rogers		518-569-4984	Peru Intermediate

G3/4	Peru	Madison LeClair		518-949-5279	Peru Intermediate
G5/6	Peru Panthers	Tiffany Korths		617-365-7756	Peru Intermediate
G5/6	Peru Nighthawks	Edward Moore		518-593-2603	Peru Intermediate

### **SARANAC**

B3/4	Saranac Spartans	Jackie Stewart		518-569-8753	Saranac Elementary
G3/4	Saranac Chiefs	Adam Carter		518-420-6388	Saranac Elementary
G5/6	Saranac Little Chiefs	Bryan Caron		518-578-5144	Saranac Elementary
B5/6	Saranac Chiefs	Eric Lucia		518-570-2525	Saranac Elementary
B5/6	Saranac Spartans	Carson Duffield		518-414-6885	Saranac Elementary

### **SCHUYLER FALLS**

B3/4	Schuyler Falls Celtics	Laael Johnson		518-645-3416	Morrisonville Elementary
B5/6	Schuyler Falls Lakers	MiKayla St. Louis		518-645-3416	Morrisonville Elementary



# 2024 Home Court Directory

<b><u>AuSable</u></b>	Keeseville Elementary School Gym, Keeseville
<b><u>Beekmantown</u></b>	Beekmantown Middle School 37 Eagle Way, West Chazy: Enter main entrance of High School Building
<b><u>Champlain</u></b>	Rouses Point Elementary
<b><u>Chazy</u></b>	Chazy Rural School Gym, Miner Farm Rd, Chazy
<b><u>Cumberland Head</u></b>	Cumberland Head Elementary School Gym
<b><u>Dannemora (village)</u></b>	Dannemora Community Center Gym
<b><u>East Morrisonville</u></b>	Morrisonville Elementary School on the Sand Road, Morrisonville
<b><u>Ellenburg</u></b>	NAC Elementary
<b><u>Jay/Black Brook</u></b>	Au Sable Forks Elementary School Gym at 28 Church Ln, Au Sable Forks, NY 12912
<b><u>Mooers</u></b>	Mooers Elementary School Gym, School St, Mooers
<b><u>Peru</u></b>	Peru Intermediate
<b><u>Saranac</u></b>	Saranac Elementary School Gym, 18 Picketts Corners Road, Saranac
<b><u>Schuyler Falls:</u></b>	Morrisonville Elementary School on the Sand Road, Morrisonville







# **CLINTON COUNTY YOUTH BUREAU**

**Nicholas Arnold - Recreation Director**

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**Phone: 518-565-4750**

**Fax: 518-565-4775**

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