

## **BRAIN INJURY IN SPORTS**

## **Features of Concussion Frequently Observed:**

1.	VACANT STARE  Befuddled facial expression
2.	DELAYED VERBAL AND MOTOR RESPONSES  Slow to answer questions or follow instructions
3.	CONFUSION AND INABILITY TO FOCUS ATTENTION  Easily distracted and unable to follow through with normal activities
4.	DISORIENTATION  Walking in the wrong direction; unaware of time, date and place
5.	SLURRED OR INCOHERENT SPEECH  Making disjointed or incomprehensible statements
6.	GROSS OBSERVABLE INCOORDINATION Stumbling, inability to walk tandem/straight lines
7.	EMOTIONS OUT OF PROPORTION TO CIRCUMSTANCES  Distraught, crying for no apparent reason
8.	MEMORY DEFECTS  Repeatedly asking the same question, inability to memorize and recall 3 of 3 words or objects in 5 minutes
9.	ANY PERIOD OF LOSS OF CONSCIOUSNESS  Paralytic coma or unresponsive to arousal

For more information contact the Head Injury Hotline: www.headinjury.com